

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements

2017 Short Course State Champions

Check out the many highlights, new team records, state records and more here:
[http://crawfishaquatics.tiltlabs.com/docs/Team Stats/2017 SC State Stats.pdf](http://crawfishaquatics.tiltlabs.com/docs/Team%20Stats/2017%20SC%20State%20Stats.pdf)

Swimming Lessons Registration is OPEN and filling quickly!

<http://www.crawfishaquatics.com/lessons/baton-rouge/>

Out of school and looking to keep your swimmer active?

Sign up to Splash & Play at the [Crawfish Swim School on Siegen Lane](#) over Mardi Gras school break

Register Online: <http://www.crawfishaquatics.com/parties/baton-rouge/splash-play/>

**For children 12 years and younger.*

**Children under 4 years of age must be accompanied by an adult in the water.*

CHAMPIONSHIP MEET COUNTDOWN CONTINUED!

- 4 Days Until American Short Course Championship
- 12 Days Until 8 & Under Championship

Happy Birthday!

Marcus Cashen - March 1, Mary Ruckert - March 1, Ziang Zhuang - March 1, Celeste Cashen - March 2, Anna Webre - March 3, Addyson Neel - March 3, Celeste Bourque - March 4, Alex Griffin - March 4, Aaliyah Poptani - March 5, James Inzer V - March 5, Michael Hanemann III - March 5

Swim-A-Thon Prep Checklist for the week:

- Make a list of potential sponsors and collect emails or mailing address
- See sample letter for ideas on getting started with a sponsor request on the SAT info page. There is also a graphic on the sample letter that can be pasted in as an email header to add a special touch to electronic sponsor requests
- Resource Page: <http://www.crawfishaquatics.com/swim-a-thon>

Donations to date: We have already received some online donations! We will post a summary of online donations to date next Monday and update more frequently as we get closer to event day.

**Reminder: Tax deductible donations can be made online or by checks written to Crawfish Agape.*

8 & U Championship Meet- March 11 (sign up by March 1)

This meet is a special championship meet for swimmers 8 years and younger only at UNO.

Warm Up: 9:00am

Meet Begins: 10:30am

Event Order: 100 Free Relay, 50 Free, 25 Fly, 25 Back, 25 Breast, 25 Free, 100 IM, and 100 Medley Relay

Shirt Color: Black SignifICANce shirts

**Lafayette or Nicholls members can order [HERE](#)*

USA Swimming Membership

This meet requires USA Swimming registration. In order to be entered in this meet you must pre-pay the

USA Swim Registration membership fee. Your online sign up through TU will be the "authorization" for the \$70 membership fee to be charged to your account on file.

8 & U Meet Online Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship>

Meet Prep Clinic and Pizza/Poster Party for Swimmers Entered in the 8 & U Meet

Friday, March 10, 4:45-6:00pm

Meet Prep Clinic 4:45-5:15- We will host a short clinic working on starts, turns, finishes, and meet protocol for swimmers

Pizza/Poster Party 5:15-6:00- We will make posters to bring down to the meet the next day while enjoying pizza and social time with families, teammates, and coaches! You bring the posters and markers and CA will provide the pizza!

Practice Schedule: Week of February 27

- **Senior Black:**
Mon- 10-11:30am/6-7pm
Tues- Sunday: American Short Course- see separate email and itineraries
***State Group- Off This Week
- **Senior White:**
-No practice Sat, Feb 25 to Sat, March 4
- **Senior Red:**
-No practice Sat, Feb 25 to Sat, March 4
- **Junior Black:**
-No practice Sat, Feb 25 to Sat, March 4
- **Junior White:**
-No practice Fri. Feb 24 to Sat, March 4
- **Junior Red:**
-No practice Mon/Tues, February 27-28
-Wednesday- Thursday, 4:30-5:30pm
- **8 & Under**
-No practice Mon/Tues, February 27-28
-Wednesday -Thursday, 4:30-5:20pm
- **Age Group**
-No practice Monday, February 27 - Tuesday, February 28
-Wednesday-Thursday, 5:30-6:45pm
-Friday, 4:45-6:00pm
-Saturday, 9:15-10:30am
- **HS Group**
-No practice Monday, February 27 - Tuesday, February 28
-Wednesday -Thursday, 6:45-8:00pm

- **Novice**
-No practice Mon/Tues, February 27-28
-Wednesday -Thursday, 4:30pm, 5:15pm, 6:15pm
 - **Homeschool**
-Mon/Wed, 1:00-2:00pm
-No practice Mon, February 27 (resume schedule Wed, March 1)
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Upcoming Practice Schedule Updates/ No Practice Dates

Novice/8 & U/Age Group/ HS Group

- No practice Friday, February 24-Tuesday, February 28
- No practice Wednesday, April 12-Sunday, April 16
- Partial practice month in May; no May 14-June 4 (pro-rated dues in May). Resume practices on June 5 (summer practice schedule will vary from school year schedule- TBA in March).

Senior Black:

- State Athletes: Feb 28-March 5; resume March 6 with Senior White
- American Short Course Athletes: March 6-12
- *** All together March 13*
- Easter Break- Friday, April 14 -Monday, April 17

Senior White:

- No practice Sat, Feb 25 to Sat, March 4 (*"Post State Meet/ Short Course Season break"*)
- No practice Fri, April 14- Mon, April 17

Senior Red

- No practice Sat, Feb 25 to Sat, March 4 (*"Post State Meet/ Short Course Season break"*)
- No practice Fri, April 14- Mon, April 17

Junior Black / Junior White:

- No practice Fri, Feb 24 to Sat, March 4 (*"Post State Meet/ Short Course Season break"*)
- No practice Thurs, April 13-Mon, April 17

Junior Red

- No practice Mon/Tues, February 27-28
 - No practice Thurs, April 13-Mon, April 17
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Meet & Events Schedule

<http://www.crawfishaquatics.com/swim-team/meet-information/>

March 10: 8 & U Meet Clinic and Pizza/Poster party! (4:45-6:00pm)

March 11: 8 & Under Championship at UNO

April 1: Swim-A-Thon: <http://www.crawfishaquatics.com/swim-a-thon>

April 8: 25 yard World Championships (at CA Lafayette)

April 21-22: Swamp Paradise (at CA Nicholls)

May 5: Developmental Competitive meet (at CA BR)

May 8-May 11- Last week for Novice, 8 & U, AG, HS Group (resume June 4)

May 19-21: Crawfish Long Course Invitational

June 2: FUN Friday, 4:30pm (CA BR)
June 2-4: TAQ Summer Classic and Woodlands 14 & O (qualifiers)
June 15-18: Woodlands Senior Meet (qualifiers)
June 23-24: CA Summer Tri Meet
July 8-9: Long Course District Championship (at CA BR)
July 13-16: State Championship at UNO
July 22: 8 & Under Championship at UNO

Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishaquaticsbatonrouge

Instagram: [crawfishaquatics.br](https://www.instagram.com/crawfishaquatics.br)