

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **December School Breaks- practice schedule!**

<http://www.crawfishaquatics.com/swim-team/weekly-newsletter>

### **Christmas light challenge- share some strings of light to brighten our outdoor deck area!**

Bring in your lights and give to Coach Jayme, Coach Billy or Coach Daniel or drop to the Info Booth so we can work on getting those up later this week!

### **Swim School Grand Opening! December 17-18**

Swim School Grand Opening at our new indoor lessons & party facility on Siegen Lane. Monthly class enrollment opens December 1 with classes starting January 2. Read more about the Grand Opening and the new Swim School here: <http://www.crawfishaquatics.com/calendar/swim-school-grand-opening>  
Go Like us on our new Swim School Facebook page and be entered to win a merchandise prize pack!  
<https://www.facebook.com/crawfishaquatics.swimschool/>

### **Happy Birthday!**

Jackson Linton - January 29, Lucy Juneau-Golden - January 29, Jenay Hansen - December 1, Heidi Feng - December 4

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### **Outdoor Pool Practice Schedule- Senior Groups**

Beginning November 28 the senior groups will begin their rotations to the outdoor pool for Mon-Thur practices with all other groups inside Mon-Thurs. All groups swim inside for Fri/Sat practices.

- Senior Black- Tues/Thurs outdoor pool
- Senior White- Mon/Wed outdoor pool
- Senior Red- Mon-Thur outdoor pool (tentative-- may only be M/W based on layout inside)

*\*On "bad weather days" all groups will swim inside.*

*\*\*December 19-January 8 all groups will train inside with only the Jr/Sr division swimming. As of January 15, rotations to the outdoor pool will resume with Senior Red outside on M/W only vs Mon-Thurs.*

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### **December 10-11 Meet for Jackson's Heart- Sign up Required for all groups!**

This year we will shift our focus from Toys for Tots drive to something a little closer to home! Please see the meet information on the website: [www.crawfishaquatics.com/calendar/swim-meet-for-jacksons-heart](http://www.crawfishaquatics.com/calendar/swim-meet-for-jacksons-heart)

- ALL swimmers must sign up through Team Unify (no groups will be "auto-entered"). Make sure to use the comments section to note your swimmers t-shirt size.
  - Each meet participant will receive a special, one of a kind, CA event shirt. Parents and swimmers not taking part in the meet can place an order for their shirt by following the links on the website. Do not use the form for swimmers signed up for the meet through TU unless you intend to order multiple shirts for that athlete!
  - Meet sign up and shirt order deadline is Monday, December 5.
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## **Upcoming December 1 Invoice- Important Reminders**

Please log in to your TU account to review upcoming **December 1** invoice. It may include the following:

- Regular monthly fees: December swimming dues, Team Store charges, etc.  
*(Reminder- 8 & U and AG is a pro-rated month, only swimming Dec 1-15, resuming January 9. December fees for 8 & U- \$35 and AG/HS group- \$45).*
- November 12 meet fees
- Dynamo Meet Flight Fee (for those that signed up through group block)
- Fundraising Balance for second half of 2016 (applies only to those on the team 6+ months)  
All accounts have had their fundraising credits transferred and accounts have been invoiced. See Enews for additional information (original notice issued Nov 7).

## **Upcoming January 1 Invoice- Important Reminders & Announcements**

### ***These items will be viewable on your pending Jan 1 invoice after December 12***

- Regular monthly fees: January swimming dues, Team Store charges, etc.
  - *Monthly fees reminder for 8 & U/AG/HS groups- your child is an active member on the roster unless written notification is given by the 25<sup>th</sup> of the month prior to the 1<sup>st</sup> of the month billing. Enrollment Terms outlined on TU registration page:*  
[https://www.teamunify.com/MemRegStart.jsp?team=laca&event\\_id=676573](https://www.teamunify.com/MemRegStart.jsp?team=laca&event_id=676573)
- December 10-11 meet fees
- Annual Registration fee- \$15 per active athlete
- USA Swimming membership renewal for 2017 for Junior/Senior division swimmers (registration will be submitted and accounts invoiced the week of December 12). \$70 per athlete. If you joined CA for the first time this fall, your USA Swimming Membership was rolled to 2017 and you will not be renewed/invoiced at this time.

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## **Practice Schedule: Week of November 28**

- Senior Black:
  - Mon-Thurs PM 3:45-6:15PM Swim
  - Wed AM 5:00-6:40am Strength and Swim
  - Friday- 5:00-6:40am Swim and 3:45-5:30pm Strength
  - Core and Yoga on Tues/Thurs
- Senior White:
  - Monday-Thursday, 4:00-6:00pm
  - Drylands on Mon/Wed; Tues/Thurs, 3:50-4:00pm Abs
  - Sat- 8:00-10:00am
- Senior Red:
  - Monday -Thursday, 6:00-7:30pm; Drylands each day
- Junior Black:
  - Monday- Thursday, 4:30-6:15pm
  - Friday, 4:00-5:30pm
  - Saturday, 9:00-11:00am
  - Drylands: T/Th 4:00pm

- Junior White:  
-Monday-Thursday, 6:00-7:15pm  
-Friday, 4:45-6:00pm  
-Saturday, 9:15-10:30am  
-Drylands: Tuesday/Thursday, 5:30pm
  - Junior Red:  
-Monday - Thursday, 4:30-5:30pm
  - 8 & Under  
-Monday -Thursday, 3:40-4:25pm or 4:30-5:20pm for M/W, T/Th, Mon-Thurs groups
  - Age Group  
-Monday -Thursday, 5:30-6:45pm for M/W and T/Th groups  
-Friday, 4:45-6:00pm (indoor pool- info booth side pool)  
-Saturday, 9:15-10:30am (indoor pool- info booth side pool)
  - HS Group:  
-Monday -Thursday, 6:45-8:00pm
  - Novice Extension  
-Monday -Thursday, 3:40pm, 4:30pm, 5:15pm, 6:15pm for M/W or T/Th groups
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## **Meet Schedule**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

December 10-11: Team Meet for Jackson's Heart!

December 17-18: Crawfish Swim School Grand Opening

January 13-16: Dynamo Easterns Classic (qualifiers from Junior Black/Senior White/Senior Black)

January 13-15: TAQ Mardi Gras Meet (Baton Rouge- Jr/Sr not going to Dynamo)

January 13-15: GPAC Winter Invitational (Lafayette & Nicholls athletes)

January 27-29: Crawfish Winter Invitational (at CA BR)

February 4- CA Developmental Meet (at CA BR - 8 & U/ AG)

February 10-12: 12 & Under State Championship at UNO (qualifiers)

February 16-19: 13 & O State Championship in Sulphur (qualifiers)

March 11: 8 & Under Championship at UNO

April 1: Swim-A-Thon at all CA locations

April 8: 25 yard World Championships (at CA Lafayette)

April 21-22: Swamp Paradise (at CA Nicholls)

April 22: Developmental Competitive meet (at CA BR)

May 19-21: Crawfish Long Course Invitational

June 2-4: TAQ Summer Classic and Woodlands 14 & O (qualifiers)

June 15-18: Woodlands Senior Meet (qualifiers)

June 23-24: CA Summer Tri Meet

July 8-9: Long Course District Championship (at CA BR)

July 13-16: State Championship at UNO

July 22: 8 & Under Championship at UNO

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**Instagram:** [crawfishaquatics.br](https://www.instagram.com/crawfishaquatics.br)