



**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **Happy Birthday!**

Tydris Austin - April 4, Arielle Bourque - April 4, Alaina San Miguel - April 8, Chloe McGehee - April 8

### **Sign Up deadline for April 8 25 Yard World Championship at CA Lafayette is Monday!**

All sign up: <http://www.crawfishaquatics.com/calendar/25-yard-world-championships-at-ca-lafayette>

### **NuWave Hotel Block now available (book by May 9)**

<http://www.crawfishaquatics.com/calendar/nu-wave-summer-splash-meet>

### **May Schedule for Novice, 8 & U, Age Group:**

As a reminder, the month of May is a partial month with practices running May 1-11 only with May dues pro-rated to \$30 for 8 & U / \$40 for 4 day 8 & U, AG, HS Group. Summer practice schedule will resume June 5. Morning & afternoon options will be available and swimmers will be able to switch to an AM practice (schedule TBA mid-April). All swimmers are considered active on the roster unless a withdrawal form is completed for the summer months. More details on the summer schedule will be sent to these groups mid-April. More information: <http://www.crawfishaquatics.com/swim-team/parent-resources/>

**Fundraising Obligation- May 1 invoice:** As outlined in the Parent Handbook, all families that have been members beyond 6 month have an annual fundraising obligation, with the first half billed in April and second half November. Developmental Competitive (8 & U / AG / HS Group) is \$150 per year and Advanced Competitive (Junior/Senior) is \$300 per year. Fundraising balances for the first half of 2017 will be posted on the May 1 invoice through your TU account. Funds raised through Swim-A-Thon are due April 24 and the applicable amounts will be credited to your May 1 invoice toward this first half of the year billing.

For families raising above their First Half of year fundraising obligation, the remaining credit will be applied to your account for the Second Half of year obligation billing in November. *There is no carry over from year to year. See handbook for full policy.*

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### **Afternoon Swimming Lessons during Swim Practice**

April 3 is the start of new afternoon sessions of lessons that will take place from 3:30-7:15pm, Monday-Thursday in the outdoor pool. Lesson parents will meet their instructors on the indoor pool deck on the Info Booth end of the pool daily. The barricades around that end of the pool deck are in place to keep little swimmers from getting too close to the training pool!

The doors by the Info Booth will be opened for our Swimming Lessons participants to enter and check in at the Info Booth so please be aware of this and enter near the Renaissance side of the facility when possible.

**Parking:** As always, we request for families with older children and our senior athletes driving to the pool to reserve the parking area closest to the outdoor pool for Lessons & Team families with young children and strollers and utilize the Renaissance lot for overflow.

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## **Swim-A-Thon**

The Crawfish 200 was a very positive day filled with accomplished goals, challenges met and opportunity for team social time. Sarah Smith kept our Info Booth running and Gary Webre took charge of the grill, along with many other parents jumping in to help along the way! Thank you for making it a fun day! A successful Swim-A-Thon is critical to the long-term viability of this organization. Follow up with your supporters-- funds are due April 24.

If you did not get your event swim cap, see the Info Booth this week.

### ***Quick Links:***

Donations received to date: <http://www.crawfishaquatics.com/swim-a-thon/>

Online Donations: [https://www.sagepayments.net/eftcart/forms/donate.asp?M\\_id=388152857454](https://www.sagepayments.net/eftcart/forms/donate.asp?M_id=388152857454)

### ***Upcoming Dates:***

-April 24- Deadline to submit funds

-May 1- Team Unify May invoice will include first half of 2017 fundraising obligation of \$75 for 8 & U and Age Group families and \$150 for Jr/Sr group families. SAT funds will be applied to the May 1 invoice.

-May 1- Prize Winners announced

### ***Prize Winners will be announced May 1:***

<http://crawfishaquatics.tiltlabs.com/docs/Swim A Thon/SwimAThon 2017 Packet.pdf>

- Top 3 Raisers in Each Division  
1st - \$75 account credit  
2nd - \$50 account credit  
3rd - \$25 account credit
- Top Individual and Top Family  
Lunch with a friend and coaches of your choice.
- Entered in drawing for 1 year of FREE dues!  
Families that raise \$1200+ (Gold Level Wall of Fame status)
- Swim-A-Thon Wall of Fame: Bronze: \$600-\$899, Silver: \$900-\$1199, Gold: \$1200+  
*Highlights families that raise \$600 on a banner that will hang for one year until the next SAT.*

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## **Upcoming Spring Break Practice Schedule Updates/ No Practice Dates**

### **Novice/8 & U/Age Group/ HS Group**

- No practice Wednesday, April 12-Sunday, April 16
- Partial practice month in May; no May 14-June 4 (pro-rated dues in May). Resume practices on June 5 (summer practice schedule will vary from school year schedule- TBA in March).

### **Senior Black/ Senior White/ Senior Red:**

- Easter Break- Friday, April 14 –Monday, April 17
- Post Season Break- July 24 – Aug 5, resuming practice week of August 7

### **Junior Black / Junior White/ Junior Red:**

- Easter Break- Thurs, April 13-Mon, April 17
- Post Season Break- July 24 – Aug 5, resuming practice week of August 7

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## **April 8: 25 yard World Championship at CA Lafayette- Meet Deadline, April 3**

### **Meet Information:**

- Warm up: 8:00AM, Meet at 9:00am
- Groups: Novice, 8 & U, Age Group, HS Group, Junior, Senior
- Sign up to participate by April 3 (all group sign up online)
- <http://www.crawfishaquatics.com/calendar/25-yard-world-championships-at-ca-lafayette>

### **Senior Groups Team Building Paintball Activity**

Following the last race of the meet, athletes have the opportunity to have more fun with their teammates by playing paintball at the nearby Levena Paintball LLC about 15 minutes from the pool.

More Info: [https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpms0YE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpms0YE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf_link)

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## **April 21-22: Swamp Paradise Long Course Meet at Nicholls location**

The Age Group, Junior White/Black and Senior groups will kick off their long course season officially with this Friday/Saturday meet at Crawfish Aquatics Nicholls location.

### **Entries:**

- Age Group III/IV, Junior division and Senior Red SIGN UP online to be entered in the meet.
- Senior White/Black are automatically entered (must decline meet on TU to be removed).
- Entry deadline is April 17.
- USA Swimming Registration is required for this meet.

### **Meet Information:**

- Friday: 200 Free/400 Free, Warm up at 4:30pm
  - Saturday, 13 & Over: warm up at 8:00AM (8:45AM start)
  - Saturday, 12 & Under: warm up will not begin before 11AM (meet begins 45 minutes after warm up)
- <http://www.crawfishaquatics.com/calendar/swamp-paradise-at-ca-nicholls>
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## **May 5: Developmental Meet**

This is a short course (25 yard course) meet for CA athletes only, at Crawfish Aquatics (BR location). Events offered will be the 4 x 25, the 4 x 50 of each stroke, 100 IM and 100 Free.

### **Meet information:**

- 5:00pm warm up and 5:30pm start.
  - Cost for the meet is \$10 surcharge per swimmer.
- <http://www.crawfishaquatics.com/calendar/developmental-meet-may-5>

### **Entries:**

- Novice, 8 & Under, Age Group division and High School Group sign up by May 1.
  - Junior Red is automatically entered- decline on TU by May 1.
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## **Practice Schedule: Week of April 3**

- **Senior Black:**
  - Mon-Thur PM 3:45-6:15PM Swim
  - Mon & Wed AM: 5:00-6:40am Strength & Swim
  - Fri-5:00-6:30AM Swim & 3:45-5:15PM Strength
  - Sat- 25 Yard World Champs Meet
  - Abs Tues/Thurs PM and Yoga Wed PM
- **Senior White:**
  - Monday-Thursday, 4:00-6:00pm
  - Mon/Wed, Drylands (split groups) and Tues/Thur Abs at 3:50pm
  - Friday, 4:00-5:30pm
  - Sat- 25 Yard World Champs Meet (sign up online)
- **Senior Red:**
  - Monday- Thursday, 6:00-7:30pm; Drylands each day
  - Friday, 4:00-5:30pm
  - Sat- 25 Yard World Champs Meet (sign up online)
- **Junior Black:**
  - Monday-Thursday, 4:30-6:15pm
  - Friday, 4:00-5:30pm
  - Sat- 25 Yard World Champs Meet (sign up online)
  - Drylands Tues/Thurs, 4:00-4:30pm
- **Junior White:**
  - Monday-Thursday, 6:00-7:15pm
  - Friday, 4:00-5:30pm
  - Sat- 25 Yard World Champs Meet (sign up online)
  - Drylands Tues/Thurs, 5:30-6:00pm
- **Junior Red:**
  - Monday- Thursday, 4:30-5:30pm
  - Sat- 25 Yard World Champs Meet at CA Lafayette (sign up online)
- **8 & Under**
  - Monday -Thursday, 4:30-5:20pm for M/W, T/Th, Mon-Thurs groups
  - Sat- 25 Yard World Champs Meet at CA Lafayette (sign up online)
- **Age Group**
  - Monday -Thursday, 5:30-6:45pm for M/W/F and T/Th/S groups
  - Friday, 4:45-6:00pm
  - Sat- 25 Yard World Champs Meet at CA Lafayette (sign up online)
- **HS Group**
  - Monday -Thursday, 6:45-8:00pm
  - Sat- 25 Yard World Champs Meet at CA Lafayette (sign up online)
- **Novice**
  - Monday -Thursday, 4:30pm, 5:15pm, 6:15pm for M/W or T/Th groups
- **Homeschool**
  - Mon/Wed, 1:00-2:00pm

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## **UPDATED & Upcoming Meet & Events Schedule**

All Meet Details: <http://www.crawfishaquatics.com/swim-team/meet-information/>

April 8: 25 yard World Championships (at CA Lafayette)

April 21-22: Swamp Paradise (at CA Nicholls)

May 5: Developmental Competitive meet (at CA BR)

May 8-May 11- Last week of May practice for Novice, 8 & U, AG, HS Group (resume June 4)

May 19-21: Crawfish Long Course Invitational

June 2: FUN Friday, 4:30pm (CA BR)

June 2-4: Woodlands 14 & O (qualifiers)

June 9-11: NuWave Summer Invitational (non-Woodlands Junior/Senior automatically entered)

June 15-18: Woodlands Senior Meet (qualifiers)

June 17: Developmental Competitive meet (short course at CA BR)

June 23-24: CA Summer Tri Meet (Junior, Senior, AG-III & IV)

July 8-9: Long Course District Championship (at CA BR)

July 13-16: State Championship at UNO

July 22: 8 & Under Championship at UNO

July 24 - Week of August 7: No practice for Junior/Senior division.

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**Team Unify:** Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

**Facebook:** [www.facebook.com/crawfishaquaticsbatonrouge](http://www.facebook.com/crawfishaquaticsbatonrouge)

**Instagram:** [crawfishaquatics.br](https://www.instagram.com/crawfishaquatics.br)