

**Read this on our website:** http://www.crawfishaquatics.com/swim-team/weekly-newsletter/

# **Announcements**

# Happy Birthday!

Maddie Ogra - April 11, Emilie Farah - April 12, Alec La Peyre - April 13, Zoe Cooper - April 15, Camille Starkovich - April 16

### **Parking Reminder**

Senior swimmers and families with older swimmers are asked to use Renaissance lot for parking now that our spring swim lessons are fully in session, reserving the parking spaces nearest the outdoor pool for the younger groups in swimming lessons or 8 & Under practices in the outdoor pool.

# **Practice Schedule Reminders for week of April 10**

Novice/8 & U/Age Group/ HS Group: No practice Wednesday, April 12-Sunday, April 16 Senior Black/ Senior White/ Senior Red: No practice Friday, April 14 –Monday, April 17 Junior Black / Junior White/ Junior Red: No practice Thurs, April 13-Mon, April 17

# May Schedule for Novice, 8 & U, Age Group:

As a reminder, the month of May is a partial month with practices running May 1-11 only with May dues pro-rated to \$30 for 8 & U / \$40 for 4 day 8 & U, AG, HS Group. Summer practice schedule will resume June 5. Morning & afternoon options will be available and swimmers will be able to switch to an AM practice (schedule TBA mid-April). All swimmers are considered active on the roster unless a withdrawal form is completed for the summer months. More details on the summer schedule will be sent to these groups mid-April. More information: http://www.crawfishaquatics.com/swim-team/parent-resources/

# Swim-A-Thon funds are due April 24

# Quick Links:

Donations received to date: http://www.crawfishaguatics.com/swim-a-thon/

Online Donations: https://www.sagepayments.net/eftcart/forms/donate.asp?M id=388152857454

# **Upcoming Dates:**

-April 24- Deadline to submit funds

-May 1- Team Unify May invoice will include first half of 2017 fundraising obligation of \$75 for 8 & U and Age Group families and \$150 for Jr/Sr group families. SAT funds will be applied to the May 1 invoice.

-May 1- Prize Winners announced

### Prize Winners will be announced May 1:

http://crawfishaquatics.tiltlabs.com/docs/Swim A Thon/SwimAThon 2017 Packet.pdf

# Swamp Paradise Meet at Nicholls location- entry deadline is April 17

The Age Group, Junior White/Black and Senior groups will kick off their long course season officially with this Friday/Saturday meet on April 22-22 at Crawfish Aquatics Nicholls location.

### **Entries:**

- -Age Group III/IV, Junior division and Senior Red SIGN UP online to be entered in the meet.
- -Senior White/Black are automatically entered (must decline meet on TU to be removed).
- -Entry deadline is April 17.
- -USA Swimming Registration is required for this meet.

### **Meet Information:**

- \_Friday: 200 Free/400 Free, Warm up at 4:30pm
- -Saturday, 13 & Over: warm up at 8:00AM (8:45AM start)
- -Saturday, 12 & Under: warm up will not begin before 11AM (meet begins 45 minutes after warm up)

http://www.crawfishaguatics.com/calendar/swamp-paradise-at-ca-nicholls

# **May 5: Developmental Meet**

This is a short course (25 yard course) meet for CA athletes only, at Crawfish Aquatics (BR location). Events offered will be the  $4 \times 25$ , the  $4 \times 50$  of each stroke, 100 IM and 100 Free.

### **Meet information:**

- -5:00pm warm up and 5:30pm start.
- -Cost for the meet is \$10 surcharge per swimmer.

http://www.crawfishaguatics.com/calendar/developmental-meet-may-5

### **Entries:**

- Novice, 8 & Under, Age Group division and High School Group sign up by May 1.
- -Junior Red is automatically entered- decline on TU by May 1.

# **Practice Schedule: Week of April 10**

### • Senior Black:

- -Mon-Thur PM 3:45-6:15PM Swim
- -Mon & Wed AM: 5:00-6:40am Strength & Swim
- -Abs Tues/Thurs PM and Yoga Wed PM
- -Friday-Monday April 17- Off for Easter

#### Senior White:

- -Monday-Thursday, 4:00-6:00pm
- -Mon/Wed, Drylands (split groups) and Tues/Thur Abs at 3:50pm
- -Friday-Monday April 17- Off for Easter

### Senior Red:

- -Monday- Thursday, 6:00-7:30pm; Drylands each day
- -Friday-Monday April 17- Off for Easter

### • Junior Black:

- -Monday-Wednesday, 4:30-6:15pm
- -Drylands Tues, 4:00-4:30pm
- -Thursday-Monday April 17- Off for Easter

### Junior White:

- -Monday-Wednesday, 6:00-7:15pm
- -Drylands Tues 5:30-6:00pm
- -Thursday-Monday April 17- Off for Easter

### Junior Red:

- -Monday- Wednesday, 4:30-5:30pm
- -Thursday-Monday April 17- Off for Easter

#### • 8 & Under

- -Monday & Tuesday ONLY, 4:30-5:20pm for M/W, T/Th, Mon-Thurs groups
- -No practice Wed, April 12 and Thurs, April 13. Resume regular schedule Mon, April 17.

# Age Group

- -Monday & Tuesday ONLY, 5:30-6:45pm for M/W/F and T/Th/S groups
- -No practice Wed, April 12- Sat, April 15. Resume regular schedule Mon, April 17.

### HS Group

- -Monday & Tuesday ONLY, 6:45-8:00pm
- -No practice Wed, April 12 and Thurs, April 13. Resume regular schedule Mon, April 17.

### • Novice

- -Monday & Tuesday ONLY, 4:30pm, 5:15pm, 6:15pm for M/W or T/Th groups
- -No practice Wed, April 12 and Thurs, April 13. Resume regular schedule Mon, April 17.

### Homeschool

-Mon/Wed, 1:00-2:00pm

### **Upcoming Meet & Events Schedule**

All Meet Details: http://www.crawfishaquatics.com/swim-team/meet-information/

April 21-22: Swamp Paradise (at CA Nicholls)

May 5: Developmental Competitive meet (at CA BR)

May 8-May 11- Last week of May practice for Novice, 8 & U, AG, HS Group (resume June 4)

May 19-21: Crawfish Long Course Invitational

June 2: FUN Friday, 4:30pm (CA BR)

June 2-4: Woodlands 14 & O (qualifiers)

June 9-11: NuWave Summer Invitational (non-Woodlands Junior/Senior automatically entered)

June 15-18: Woodlands Senior Meet (qualifiers)

June 17: Developmental Competitive meet (short course at CA BR)

June 23-24: CA Summer Tri Meet (Junior, Senior, AG-III & IV)

July 8-9: Long Course District Championship (at CA BR)

July 13-16: State Championship at UNO

July 22: 8 & Under Championship at UNO

July 24 - Week of August 7: No practice for Junior/Senior division.

**Team Unify:** Account Mgmt- https://www.teamunify.com/Home.jsp? tabid =0&team=laca

**Facebook**: www.facebook.com/crawfishaguaticsbatonrouge

**Instagram:** crawfishaquatics.br