



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

Upcoming Pool Rotations (groups rotating outside/inside)

The groups practicing in the outdoor pool will move to the indoor pool as of the week of November 20. Senior Black and Senior White will rotate practice days Mon-Thur between the outdoor and indoor pool for practices from that point until early spring, with the exception of training only inside Dec 18-Jan 7 when there is no practice for 8 & U or Age Group. The outdoor pool is warm and toasty at 85 degrees! Just remember to send your athlete out to practice with a towel and clothes for after getting out of the water.

New Team Records broken at HS City Championships:

Jacques Rathle: 13-14 Boys 100 Breast
Rylee Moore: 13-14 and Open Girls 100 Back

Tuesday, October 31 Practice Schedule

Novice, 8 & U, Age Group, Junior division- no practice
Senior Red- 4:00-5:30pm
Senior White- 4:00-6:00pm (regular)
Senior Black- 3:45-6:00pm (regular)

Developmental Meet, November 10 (sign up by November 6)

Meet information & online sign up is on the website. All Novice, 8 & U, Age Group, Junior Red eligible!
<http://www.crawfishaquatics.com/calendar/developmental-meet-november-10>

December- partial month for 8 & U and Age Group

Practices December 1-16

-Practices in December will run regular schedule, December 1-14 for 8 & Under and December 1-16 for Age Group division and then these groups will take a short holiday break.

-Dues will be pro-rated in December: 8 & U- \$35 and AG/HS group- \$45.

Practices as of January 2018

-Practice will resume the week of January 8th with regular monthly dues debits posting on January 1.

-Your child is considered an active member on the roster unless written notification by the online withdrawal form is given (make sure you receive a confirmation back from our office via email within 3 business days).

-View enrollment terms outlined on the TU website:

<http://www.crawfishaquatics.com/swim-team/parent-resources/>

Nu Wave Fall Open- sign up deadline is this Wednesday!

Meet info & Sign Up: <http://www.crawfishaquatics.com/calendar/nu-wave-fall-open>

Event Schedule

Friday: 4:30pm warm up, 5:10pm start

Saturday, 10 & Under: 8:00am warm up; 8:45am start

Saturday, 11 & Older: 12:00pm warm up; 12:55pm start

Sunday, 9 & Older: 8:00am warm up; 8:55am start

USA Swimming Membership is required for this meet. If you are not currently registered, by signing up for this meet you are authorizing your account to be debited \$75 for the 2018 Membership fee.

Groups participating:

- *Baton Rouge:* non-HS State meet athletes from Junior and Senior division. 8 & U-III (Coach Danielle) can sign up for Saturday and Age Group-III (Coach Claudia/Coach Danielle) can also sign up for Saturday and/or Sunday.
- *Lafayette:* 11 & Older athletes from Age Group, Junior groups not participating in HS State Championships.
- *Nicholls:* 12 & Under athletes from 8 & U, Age Group, Junior groups.

Second Half of 2017 Fundraising Obligation- upcoming invoice December 1

The second half of 2017 fundraising invoicing will be done the week of November 14. Remaining fundraising credits from 2017 will be applied to your TU accounts along with the invoicing for this item. You will not see a fundraising remaining credit or billing on your TU account until the week of November 14. Remaining balances for fundraising will be collected with the December 1 dues debits.

As a reminder, invoices for the upcoming month are viewable at any time on your TU account. Second half of 2017 fundraising amount for 8 & U/AG is \$75 and for Jr/Sr is \$150. Reminder this only applies to those that have been in a team group for 6+ months. For more details, see your team handbook.

CCSL Championship Wrap Up

This past weekend, we hosted the 2017 Capital City Swim League Championships and our Crawfish Aquatics swimmers excelled as usual. This was high school swimmers' final tune-up for High School State Championships and offers up local bragging rights. Everyone competed against each other with no separation for divisions, so the meet is truly a city championship. Saint Joseph's Academy and Catholic High School both emerged as champions again.

This wraps up another successful season of high school swimming for the CCSL and none of it would be possible without all of the countless hours and dedication to run all of the league meets without the help of so many. We want to thank Sarah Smith for spearheading our meet management crew each meet weekend, Chris Frederic for managing our official's line up and Ron Moore, Kevin Fambrough, Art Richter, Lynn Chang, Feng Jingtao, Gary Smith and Keith Babin for serving faithfully at our Saturday meets. High school swimmers would not have this great opportunity to compete in a sport we all love without your support so again, thank you for all of the help running the ten league meets!

Congratulations to all of our athletes and we wish them the best of luck in their final preparations for their respective State Championships.

Swimmers of the Meet:

Jolee Liles, Parkview Baptist School (repeat winner)
Sion Cavana, Catholic

Event Winners:

Jolee Liles- 200 Individual Medley and 500 Freestyle
Rylee Moore- 100 Butterfly and 100 Backstroke
Abby Baumgartner- 100 Breaststroke
Sion Cavana- 200 Freestyle and 100 Freestyle
Miles Jantzi- 100 Backstroke
David Boylan- 200 Individual Medley and 100 Butterfly

Top 3 Individual Finishers (they will be selected to the All Metro team for the Advocate following the high school season):

200 Freestyle- Anna Otterstetter (3rd)
200 IM- Jolee Liles (1st), Abby Baumgartner (2nd) and Isabel Weber (3rd)
100 Butterfly- Rylee Moore (1st), Madeline Lemoine (2nd) and Isabel Webre (3rd)
100 Freestyle- Anna Otterstetter (2nd)
500 Freestyle- Jolee Liles (1st)
100 Backstroke- Rylee Moore (1st)
100 Breaststroke- Abby Baumgartner (1st) and Ema Lavigne (2nd)
200 Freestyle- Sion Cavana (1st)
200 IM- David Boylan (1st) and Riley Brown (3rd)
100 Butterfly- David Boylan (1st) and Wes Daniel (3rd)
50 Freestyle- Miles Jantzi (2nd) and Ben Levine (3rd)
100 Freestyle- Sion Cavana (1st)
500 Freestyle- Riley Brown (3rd)
100 Backstroke- Miles Jantzi (1st) and Camron Wang (3rd)
100 Breaststroke- Jered Poland (2nd)

Team Records:

13-14 and Open

Rylee Moore- 100 Back 55.85

All American Consideration Time:

Rylee Moore- 100 Backstroke

Check out full results here:

<http://www.crawfishaquatics.com/more1/school-swim-leagues/capital-city-swim-league/>

We also had senior standouts in the classroom: The following were honored as members of the 2017 All-Academic Team: Sion Cavana, Jason Marxsen, Jordyn Miller, Madeline Lemoine and Anna Otterstetter

BR Advocate Story:

http://www.theadvocate.com/baton_rouge/sports/high_schools/article_62acc9e4-bcbf-11e7-a1ad-d394be19d8ae.html

Practice Schedule Week of October 30

- **Senior Black**
 - Monday: 5:00-6:30am Swim/ 3:45-6:15pm Swim and Strength
 - Tuesday: 3:45-6:00pm Swim and Core
 - Wednesday: 3:45-6:15pm Swim and Strength
 - Thursday: 3:45-6:00pm Swim and Core
 - Friday: 5:00-6:30am Swim/ 3:45-5:15pm Strength
and non HS athletes with Senior White
 - Saturday: 6:30-8:30am
 - **Monday morning swim and Friday afternoon strength for Black 1 only*
- **Senior White**
 - Mon- Thurs: 4:00-6:00pm
 - Friday: 4:00-5:30pm
 - Saturday: 8:00-10:00am
- **Senior Red**
 - Mon/Wed/Thurs: 6:00-7:30pm
 - Tues: 4:00-5:30pm
 - Tues/Thurs drylands 7:00-7:30pm
- **Junior Black**
 - Mon/Wed, 4:00-4:30pm drylands & 4:30-6:00pm swim
 - No Tuesday
 - Thurs, 4:00-4:15pm core & 4:15-6:00pm swim
 - Friday: 4:15-6:00pm
 - Saturday: 9:00-11:00am
- **Junior White**
 - Monday /Wednesday, Thursday, 6:00-7:15pm
 - No Tuesday
 - Friday: 4:45-6:00pm
 - Drylands, Mon/Wed, 5:30-6:00pm
 - Saturday: 9:15-10:30am
- **Junior Red**
 - Monday, Wednesday, Thursday, 4:30-5:30pm
 - No Tuesday
- **8 & Under**
 - Mon/Wed, Tues/Thur or Mon-Thurs groups: 3:40-4:30pm or 4:30-5:20pm
 - No practice Tuesday (no make up practices)
- **Age Group**
 - M/W/F or T/Th/S groups
 - Mon, Wed, Thurs: 5:30-6:45pm
 - No practice Tuesday (no make up practices)
 - Friday: 4:45-6:00pm
 - Saturday: 9:15-10:30am
- **Novice Group**
 - M/W or T/Th groups

-No practice Tuesday (no make up practices)
-3:40-4:20pm, 4:30-5:10pm, 5:15-5:55pm or 6:00-7:00pm groups

Upcoming Dates For Your Schedule

<http://www.crawfishaquatics.com/swim-team/meet-information/>

October 31- No practice for Novice, 8 & U, 8 & U or Age Group

November 10- Developmental Meet at CA BR

November 10-12- NuWave at UNO

November 15/16- last practice of Fall Season for Novice groups at 3:40pm, 4:30pm, 5:15pm

November 22-26- No practice (Thanksgiving)- J White/Black, Senior groups will have Wed, 22nd in AM

December 9- Crawfish Team Meet & Social at CA BR

December 13/14- Last practice of Fall Season for 6:00pm Novice group

December 18-January 7- No practice for 8 & U or Age Group Division (dues are pro-rated in December; athletes remain active on the roster and billable on January 1 unless dropped via the withdrawal form). Practices resume the week of January 8 at the regular weekly practice schedule.

Christmas Training Schedule for Junior /Senior division:

<http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Crawfish Aquatics Online Resources

Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp? tabid =0&team=laca>

Facebook: www.facebook.com/crawfishaquaticsbatonrouge

Instagram: www.instagram.com/crawfishaquatics.br/

Twitter: <https://twitter.com/crawfishaquatic>

YouTube: <https://www.youtube.com/user/CrawfishAquatics>