

2018- 19 Fall/ Winter Group Schedule

Sr. Black/ Sr. White

Monday and Friday 5:15- 6:30 AM (Sr Black ONLY)

Monday- Friday 4:00- 6:00 PM

Saturday 7:00- 9:00 AM

Sr. Red

Monday, Wednesday, Friday- 6:00- 7:30 PM

Saturday- 9:00- 10:30 AM

Jr Red

Monday, Wednesday, Friday- 5:00- 6:30 PM

Saturday- 8:00- 9:30

Age Group

Tuesday, Thursday- 4:30- 6:00 PM

Saturday 9:00- 10:30 AM

8&Under

Monday, Wednesday, Friday 4:30- 5:30 PM

Novice

Tuesday, Thursday 5:45- 6:30 PM

Rising Stars

Tuesday, Thursday 3:00- 3:40/ 4:00- 4:40/ 5:00- 5:40