

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **2018 Lifeguard Certification Course Dates & Registration**
<http://www.crawfishaquatics.com/more1/red-cross-certification/>
- **13 & Older State Meet!**
Entries will be submitted early this week and we have updates from the meet host by the end of the week/weekend! Make sure to purchase your White CA Swim Cap and check the site for more meet info & updates: <http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>

CHAMPIONSHIP MEET COUNTDOWN

- 10 Days until 13 & Older State Championships
 - 26 Days Until 12 & Under State Championship
 - 37 Days Until Sectionals Championship
 - 39 Days Until 8 & Under Championship
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Swim-A-Thon, March 17

The Swim-A-Thon will start at 8:45am for all groups with the exception of Senior White/Black, who will swim their laps earlier that morning. Swimmers in Senior Red, Junior, Age Group and 8 & Under will swim from 9:00-11:00am with a team lunch for swimmers & families to follow!

*schedule to be confirmed closer to the event as participant numbers are confirmed.

- Make up date: March 16, 4:30-6:30pm. If you can't make it on the 17th for the full event, but still want to participate and swim your laps, RSVP and put a note "Make Up March 16" so we know when to be expecting you!
 - RSVP by Feb 23- <http://www.crawfishaquatics.com/swim-a-thon/>
 - Check out the website for some helpful tools for promoting SAT on social media or letter writing
 - PRIZES: someone is going to win A YEAR OF FREE SWIMMING DUES!
 - Novice division swimmers do not have fundraising obligations however they are invited to participate also! See the website for the event information or visit the Info Booth during practice.
 - 100% Tax Deductible: Crawfish Agape International functions as the non-profit arm of Crawfish Aquatics as a 501(c)(3) status.
 - Online Donations: https://www.sagepayments.net/eftcart/forms/donate.asp?M_id=388152857454
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Practice Schedule week of February 12

8 & Under, Age Group, Sr Red, Jr Red

- **No Practice Monday/ Tuesday**, normal practices Wednesday- Saturday

Junior White

- Monday- Wednesday 7:30- 9:00am, normal practice time Thursday- Saturday

Sr White/ Black

- Monday- Wednesday 7:00- 9:00am, normal practice time Thursday- Saturday
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Crawfish Mardi Gras Intrasquad Meet, February 17 (at CA BR)

New meet added for Junior & Age Group division. This is a sanctioned USA Swimming meet that will also serve as a "last chance" to qualify for state meet or a "state meet events tune up".

Eligible groups: Junior and Age Group division

USA Swimming Membership: Required for this meet; if you do not have 2018 USA Swimming membership, by signing up you are authorizing us to invoice your account the \$75 fee and submit registration to USA Swimming.

Warm up is 9:00am (Junior Black will have extended warm up starting at 8:30am). Meet will start just after 9:30am.

Meet info & sign up: <http://www.crawfishaquatics.com/calendar/crawfish-mardi-gras-intrasquad-meet>

Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

- **February 17:** Crawfish Mardi Gras Intrasquad Meet (Age Group & Junior)
*requires USA Swimming Membership
<http://www.crawfishaquatics.com/calendar/crawfish-mardi-gras-intrasquad-meet>
 - **February 22-25:** Short Course State Meet in Sulphur
-Sign up: <http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>
 - **March 3:** Poster & Pizza for 12 & U state meet- Junior White / Junior Black (11am-12pm)
 - **March 9-11:** 12 & U Short Course State Meet at LSU
-Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state>
 - **March 17:** Swim-A-Thon at all 3 locations
-RSVP: <http://www.crawfishaquatics.com/swim-a-thon/>
 - **March 24:** 8 & Under Championship at UNO
-Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-2>
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