

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **13 & O State Meet- Best Western room rate extended to 2/7**
<http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>
- **2018 Lifeguard Certification Course Dates & Registration**
<http://www.crawfishaquatics.com/more1/red-cross-certification/>

CHAMPIONSHIP MEET COUNTDOWN

- 14 Days until 13 & Older State Championships
- 30 Days Until 12 & Under State Championship
- 41 Days Until Sectionals Championship
- 43 Days Until 8 & Under Championship

Start your engines! Crawfish 200 is March 17

With your help, this will be the most successful Swim-A-Thon in Crawfish Aquatics history.

If you didn't get a packet last week, make sure to pick up at practice this week! Here are some other quick notes and reminders:

- RSVP by Feb 23- <http://www.crawfishaquatics.com/swim-a-thon/>
- Check out the website for some helpful tools for promoting SAT on social media or letter writing
- PRIZES: someone is going to win A YEAR OF FREE SWIMMING DUES!
- Novice division swimmers do not have fundraising obligations however they are invited to participate also! See the website for the event information or visit the Info Booth during practice.
- **100% Tax Deductible:** Crawfish Agape International functions as the non-profit arm of Crawfish Aquatics as a 501(c)(3) status.

Mardi Gras Practice Schedule // Schedule week of February 12

Novice, 8 & Under, Age Group, Sr Red, Jr Red* This is a CORRECTION to the email sent out earlier this week!!!**

- No practice, Monday or Tuesday
- Regular schedule, Wed-Sat

Junior White / Senior- adjusted schedule Mon- Wed, normal practice schedule Thursday- Saturday

- Senior Black/ White- Mon- Wed 7:00- 9:00am
- Junior White- Mon- Wed 7:30- 9:00am

Crawfish Mardi Gras Intrasquad Meet, February 17 (at CA BR)

New meet added for Junior & Age Group division. This is a sanctioned USA Swimming meet that will also serve as a "last chance" to qualify for state meet or a "state meet events tune up".

Eligible groups: Junior and Age Group division

USA Swimming Membership: Required for this meet; if you do not have 2018 USA Swimming membership, by signing up you are authorizing us to invoice your account the \$75 fee and submit registration to USA Swimming.

Warm up is 9:00am Meet will start just after 9:30am.

Meet info & sign up: <http://www.crawfishaquatics.com/calendar/crawfish-mardi-gras-intrasquad-meet>

Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

- **February 17:** Crawfish Mardi Gras Intrasquad Meet (Age Group & Junior)

*requires USA Swimming Membership

<http://www.crawfishaquatics.com/calendar/crawfish-mardi-gras-intrasquad-meet>

- **February 22-25:** Short Course State Meet in Sulphur
-Sign up: <http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>
- **March 2:** Developmental Meet
-Sign up: <http://www.crawfishaquatics.com/calendar/developmental-meet-march-2>
- **March 9-11:** 12 & U Short Course State Meet at LSU
-Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state>
- **March 17:** Swim-A-Thon at all 3 locations
-RSVP: <http://www.crawfishaquatics.com/swim-a-thon/>
- **March 24:** 8 & Under Championship at UNO
-Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-2>