

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements

Happy Birthday!

Spencer J- 5/6, Jean-Paul L- 5/7, Mikaela P- 5/7

Tell a Friend to Enroll for Summer Swim!

Have a friend interested in trying out a swim team program this summer? Registration is now open for Summer Season of Novice and a "Summer Season only" registration

[Summer Swim Team and Novice Group Information](#)

[Online Registration Page](#)

Developmental Meet this Friday! Sign up by Tuesday

We are looking forward to a fun Friday afternoon meet and opportunity for our swimmers in Novice, 8 & U, Age Group and Junior Red to demonstrate their skills.

Meet information:

-5:00pm warm up and 5:30pm start.

-Cost for the meet is \$10 surcharge per swimmer.

<http://www.crawfishaquatics.com/calendar/developmental-meet-may-5>

Dave Thomas from USA Swimming to present to Senior Swimmers, May 3

Dave is the Club Development Consultant for the Southern Zone (our zone!) of USA Swimming and will be making club visits to Louisiana next week. He will meet with athletes from the Senior division (Black/White/Red) from 5:00-6:00pm on Wednesday, May 3. Topic is *The 4 Rules (Show up, Do your best, respect others, Honor your teammates with your effort)*. Dave is a very dynamic speaker with a great ability to connect with athletes and parents! He will be around the pool deck starting with the 4:00pm workouts so please say Hello and feel free to ask him some questions while we have him here!

Practice Schedule This Week: Week of May 1

Senior Red/ White

Monday- Friday 4:00- 6:00 PM

Drylands Tues/ Thurs 4:00- 5:00 PM

Saturday 7:00- 9:00AM

Junior White

Monday- Friday 4:30- 6:00 PM
Drylands Mon/ Wed 4:30- 5:00 PM
Saturday 8:00- 9:30 AM

Junior Red-

Monday/ Wednesday/ Friday 4:30- 6:00 PM
Drylands Mon/ Wed 5:30- 6:00 PM
Saturday 8:00- 9:30 AM

Pre Senior Plus

Monday- Friday 6:00- 7:30 PM
Drylands Wednesday/ Friday
Saturday 9:00- 10:30 AM

Pre Senior/ Age Group Black/ AG White

Monday/ Wednesday/ Friday 6:00- 7:30 PM
Drylands Wednesday/ Friday
Saturday 9:00- 10:30 AM

Age Group Red-

Monday/ Wednesday/ Friday 5:30- 7:00PM
Drylands Friday 5:30- 6:00PM

8&Under

Tuesday/ Thursday/ Friday 4:30- 5:30 PM

May 19-21: Crawfish Aquatics Long Course Invitational**Entries:**

- All Junior/Senior Division swimmers will be automatically entered in this meet.
- Age Group Division- III & IV and HS Group swimmers may sign up for this meet.
- Sign up / Scratch deadline is Friday, May 12.
- USA Swimming Registration is required for this meet.

Meet Information:

- Friday events: 200 free/200 IM 9-12 year olds from Junior White/Black; 400 free/400 IM for 13 & older.
- Friday, Warm-up: 4:30PM Meet: 5:30PM
- Saturday and Sunday: 13 & Older Session Warm-up: 7:30AM Meet: 8:45AM
- Saturday and Sunday: 12 & Under Session Warm-up: not before 12:00PM (TBA week of meet)

<http://www.crawfishaquatics.com/calendar/ca-long-course-invitational>

Upcoming Meet & Events Schedule

All Meet Details: <http://www.crawfishaquatics.com/swim-team/meet-information/>

May 5: Developmental Competitive meet (at CA BR)
May 19-21: Crawfish Long Course Invitational
June 2-4: Woodlands 14 & O (qualifiers)
June 5: Summer Novice Begins
June 9-11: NuWave Summer Invitational (non-Woodlands Junior/Senior)
June 15-18: Woodlands Senior Meet (qualifiers)
June 17: Developmental Competitive meet (short course at CA BR)
June 23-24: CA Summer Tri Meet (Junior, Senior, AG-III & IV)
July 8-9: Long Course District Championship (at CA BR)
July 13-16: State Championship at UNO
July 22: 8 & Under Championship at UNO

Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>