



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Annual Admin Fee on your January 1 invoice.** This \$15 fee was invoiced to each athlete on the roster (adult and youth programs) for 2018. For details on your monthly invoice please log in to your Team Unify account to view past and upcoming invoices.
- **Novice Spring Season: Evaluations & Registration**
Classes start Tuesday, Jan 9. If you haven't not registered, but plan to attend, please register before showing up for classes!
[Online Program Registration Page](#)

2018 Lifeguard Certification Course Dates & Registration

Crawfish Aquatics will offer one LG Cert course per month beginning in February- spaces are limited so register early! Students must be able to attend all 3 days of the course in full. See dates and more information: <http://www.crawfishaquatics.com/more1/red-cross-certification/>

TAQ Mardi Gras Meet is this weekend

The psych sheet is posted on the website along with the meet schedule:

<http://www.crawfishaquatics.com/calendar/taq-mardi-gras-meet-1>

Updated Schedule: Please note that Saturday morning will most likely change to a 7:00am warm up due to the meet size. They will be confirming this to us by Tuesday evening. Reminder there are 4 CA partner hotels in Baton Rouge if you are looking to stay in town:

<http://www.crawfishaquatics.com/swim-team/meet-information/hotel-information/>

Entries: They are not accepting any late additions to this meet. If you are no longer able to participate in the meet, email your practice coach by Tuesday evening as they will accept scratches through this point.

Practice Schedule this week: January 8

Sr. Black/ Sr. White

Monday/ Friday 5:15- 6:30 AM

Monday- Friday 4:00- 6:00 PM

Jr White

Monday- Friday 4:30- 6:00 PM

Jr Red

Monday, Wednesday, Friday- 5:00- 6:30 PM

Sr. Red

Monday, Wednesday, Friday- 6:00- 7:30 PM

Age Group

Tuesday, Thursday- 4:30- 6:00 PM

8&Under

Monday, Wednesday, Friday 4:30- 5:30 PM

Novice

Tuesday, Thursday 5:45- 6:30 PM

Rising Stars

Tuesday, Thursday 3:00- 3:40/ 4:00- 4:40/ 5:00- 5:40

CA Winter Invitational: January 26-28

Meet sign up is posted on the website:

<http://www.crawfishaquatics.com/calendar/crawfish-winter-invitational>

Schedule:

-Friday warm-up: 4:30pm meet: 5:15pm

-Saturday & Sunday 13 & Older warm-up: 7:00am/7:30am meet: 8:15am

-Saturday & Sunday 12 & Under warm-up: 12:00pm meet: 1:00pm

**Session 3 & 5 subject to change in time earlier or later based on meet entries & timelines*

Eligible athletes:

-Senior division (Senior Black auto-entered)

-Junior division

-Age Group division: 9-12 year olds in AG-2 or AG3 (Coach Megan, Coach Daniel, Coach Claudia) on Sat and/or Sunday. 13 & O in AG-3 (Coach Claudia/Coach Daniel) sign up for Saturday.

Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

- **January 12-14:** Mardi Gras Meet at LSU (Junior/Senior division)
 - **January 26-28:** Crawfish Winter Invitational
-Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-winter-invitational>
 - **February 12-13:** AM practice for Jr/Sr only and no practice Novice/ 8 & U / Age Group
 - **February 22-25:** Short Course State Meet in Sulphur
-Sign up: <http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>
 - **March 2:** Developmental Meet
-Sign up: <http://www.crawfishaquatics.com/calendar/developmental-meet-march-2>
 - **March 9-11:** 12 & U Short Course State Meet at LSU
-Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state>
 - **March 17:** Swim-A-Thon at all 3 locations
 - **March 24:** 8 & Under Championship at UNO
-Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-2>
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Crawfish Aquatics Online Resources

Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Twitter: <https://twitter.com/crawfishaquatic>

YouTube: <https://www.youtube.com/user/CrawfishAquatics>