

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **Dynamo Meet Wrap Up, Team New Records and More:**

<http://www.crawfishaquatics.com/calendar/dynamo-eastern-classic>

### **Mardi Gras Meet Wrap Up:**

<http://www.crawfishaquatics.com/calendar/taq-mardi-gras-meet>

### **GPAC Meet Wrap Up, New Team Record and More!**

[Meet Wrap UP](#)

### **Team Store: Place Orders Online**

Place orders for Team Store gear through the new form on the website- dates are posted on the form to give you target delivery date. Your TU account will be invoiced your order items. <http://www.crawfishaquatics.com/swim-team/team-outfitting>

## **CHAMPIONSHIP MEET COUNTDOWN**

- 17 Days until 12 & Under State Championships!!!
- 24 Days Until 13 & Over State Championship
- 37 Days Until American Short Course Championship
- 45 Days Until 8&Under Championship

## **13 & OVER State Championship Hotel Reservations**

The hotels (Best Western/Holiday Inn) for state meet in Sulphur have extended their booking cut off date to Monday, January 30. If you haven't booked your room yet please do so ASAP! The Hampton cut off date has passed.

**State Meet info is posted here (qualifying times/ days & times / hotel info):**

<http://www.crawfishaquatics.com/calendar/13-o-state-meet>

### **Happy Birthday!**

Zach P- 1/ 27, Jackson C- 1/ 28, and James D- 1/ 29

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## **CA Winter Invitational This Weekend! Entry Deadline is Monday**

### **Meet Assistance:**

- Timing: we will publish an online sign up form on Wed/Thurs once meet timelines are established
- Info Booth: One volunteer per session
- Meet Management: 1-2 volunteers per session

Psych Sheet: <http://www.crawfishaquatics.com/calendar/ca-winter-invitational>

## **Updated Meet Schedule**

- Friday warm-up: 4:30pm meet: 5:15pm
- Saturday/Sunday 13 & Older warm-up: 7:00am/7:30am meet: 8:10am
- Saturday/Sunday 12 & Under warm-up: 11:00am/11:30am; meet 12:10pm

## **Meet Assistance:**

- Timing on Friday will be provided by CA Senior Swimmers (1000 Free is provide own)
  - Timing- 13 & Older Session- 7 timers on Sat/7 on Sun
  - Timing- 12 & Under Session- 4 timers on Sat/ 4 on Sun
  - Info Booth: One volunteer per session
  - Meet Management: 1-2 volunteers per session
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## **Upcoming State Championship Meets!**

Meet Information is published on the meet calendar for 12 & U and 13 & O State Meet. Please make note of the entry process for the meet based on your location and group.

12 & U: <http://www.crawfishaquatics.com/calendar/12-u-state-championship>

13 & O: <http://www.crawfishaquatics.com/calendar/13-o-state-meet>

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## **Lifeguard Certification Courses at Crawfish Aquatics-**

These classes are held in Baton Rouge

Crawfish Aquatics has opened enrollment for 3 sessions of Lifeguard Certification:

- February 24-26 (Fri/Sat/Sun)
- March 24-26 (Fri/Sat/Sun)
- April 21-23 (Fri/Sat/Sun)

***See our website for class details, times and pricing. Space is limited!***

Registration is done online: <http://www.crawfishaquatics.com/more/red-cross-certification>

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## **Developmental Meet: February 4 (sign up by January 31)**

### **Eligible Groups**

- 8 & Under
- Age Group
- HS Group that are not entered in the CA Winter Invitational (Jan 27-29)
- Junior Red that are not entered in the CA Winter Invitational (Jan 27-29)

**USA Swimming Membership:** Not required for this meet.

### **Meet Schedule:**

Warm up: 10:00am, Meet Begins: 10:40am (meet will be 1 hour or less).

### **Online Sign up:**

- TU Sign Up- [https://www.teamunify.com/EvSignupAdmin.jsp?event\\_id=735860&team=laca](https://www.teamunify.com/EvSignupAdmin.jsp?event_id=735860&team=laca)  
*\*register by Tuesday, January 31*

**Meet Fees:** \$10 per swimmer (posted to your March 1 invoice)

**Meet Details:** <http://www.crawfishaquatics.com/calendar/developmental-meet-february-4>

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## **8 & U Championship Meet- March 11 at UNO**

The 8 & Under Championship is a one day meet featuring the 25 yard of each stroke, 50 free, 100 IM and free/medley relays. This meet is a special championship meet for swimmers 8 years and younger only at UNO. Sign up by February 27<sup>th</sup> through the website.

### **Eligible Swimmers are ages 5-8 years from these groups:**

- 8 & Under
- Novice with eligibility confirmation from coaches

**More Info & Online Sign up:** <http://www.crawfishaquatics.com/calendar/8-under-championship>

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## **Practice Schedule: Week of January 23**

### **Senior Red/ White**

Monday- Friday 4:00- 6:00 PM  
Drylands Tues/ Thurs 4:00- 5:00 PM  
Saturday No Practice

### **Junior White**

Monday- Friday 4:30- 6:00 PM  
Drylands Mon/ Wed 4:30- 5:00 PM  
Saturday No Practice

### **Junior Red-**

Monday/ Wednesday/ Friday 4:30- 6:00 PM  
Drylands Mon/ Wed 5:30- 6:00 PM  
No Practice Saturday

### **Pre Senior Plus**

Monday- Friday 6:00- 7:30 PM  
Drylands Wednesday/ Friday  
Saturday No Practice

### **Pre Senior/ Age Group Black/ AG White**

Monday/ Wednesday/ Friday 6:00- 7:30 PM  
Drylands Wednesday/ Friday  
Saturday 9:00- 10:30 AM

### **Age Group Red-**

Monday/ Wednesday/ Friday 5:30- 7:00PM  
Drylands Friday 5:30- 6:00PM

### **8&Under**

Tuesday/ Thursday/ Friday 4:30- 5:30 PM

### **Novice**

Tuesday/ Thursday 5:45- 6:30 PM

### **Rising Stars**

Monday/ Wednesday 4:00- 4:40 or 5:00- 5:40 PM

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## **Meet & Events Schedule**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

January 27-29: Crawfish Winter Invitational (at CA BR)  
February 4- CA Developmental Meet (at CA BR - 8 & U/ AG)  
February 10-12: 12 & Under State Championship at UNO (qualifiers)  
February 16-19: 13 & O State Championship in Sulphur (qualifiers)  
March 11: 8 & Under Championship at UNO  
April 1: Swim-A-Thon at all CA locations  
April 8: 25 yard World Championships (at CA Lafayette)  
April 21-22: Swamp Paradise (at CA Nicholls)  
April 22: Developmental Competitive meet (at CA BR)  
May 8-May 11- Last week for Novice, 8 & U, AG, HS Group (resume June 4)  
May 19-21: Crawfish Long Course Invitational  
June 2: FUN Friday, 4:30pm (CA BR)  
June 2-4: TAQ Summer Classic and Woodlands 14 & O (qualifiers)  
June 15-18: Woodlands Senior Meet (qualifiers)  
June 23-24: CA Summer Tri Meet  
July 8-9: Long Course District Championship (at CA BR)  
July 13-16: State Championship at UNO  
July 22: 8 & Under Championship at UNO

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**Team Unify:** Account Mgmt- [https://www.teamunify.com/Home.jsp? tabid =0&team=laca](https://www.teamunify.com/Home.jsp?tabid =0&team=laca)