

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **13 & Older STATE CHAMPIONS**

Congratulations to swimmers, coaches and parents on a successful 13 & Older state championship meet. Results are not officially posted on the LA Swimming website yet but can be viewed on the Meet Mobile app. We will post highlights and summary of both the 12 & U and 13 & O meet this week.

### **Swimming Lessons Registration is OPEN and filling quickly!**

<http://www.crawfishaquatics.com/lessons/baton-rouge/>

### **CHAMPIONSHIP MEET COUNTDOWN CONTINUED!**

- 11 Days Until American Short Course Championship
- 19 Days Until 8 & Under Championship

### **Upcoming March Billing**

Please check your Team Unify Billing statements PRIOR to February 25 and let me know if you have any questions. Items that will be included in this billing cycle are Monthly Dues, Team Store items (if you purchased any), State Meet Fees, Past due balances if you have a card on file that was declined during the February billing cycle.

Please email me with any questions, [office.lafayette@crawfishaquatics.com](mailto:office.lafayette@crawfishaquatics.com)

### **Happy Birthday!**

Alexia R- 2/ 22, Julian P- 2/22, Jeremiah T- 2/23, Victoria L- 2/25

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### **RSVP for Swim-A-Thon is Thursday, February 23! (Reserve your event cap!)**

- Packets were distributed last week- if you did not receive your packet please pick up ASAP and see the electronic copy of information on the website.
- RSVP to this event through the SAT page to get your custom SAT cap!
- If you will be raising funds through the SAT but unable to attend that day (April 1), you can still RSVP to reserve an event swim cap and note on your event sign up form and note that. A make-up date to swim your laps may be offered, depending on your practice group.
- Tax deductible donations can be made online or by checks written to Crawfish Agape.
- Parent information & tips for getting started: <http://www.crawfishaquatics.com/swim-a-thon>

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### **Lifeguard Certification Courses at Crawfish Aquatics- Tell a Friend!**

Crawfish Aquatics has opened enrollment for 3 sessions of Lifeguard Certification:

- February 24-26 (Fri/Sat/Sun)
- March 24-26 (Fri/Sat/Sun)
- April 21-23 (Fri/Sat/Sun)

***See our website for class details, times and pricing. Space is limited!***

Registration is done online: <http://www.crawfishaquatics.com/more/red-cross-certification>

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## **8 & U Championship Meet- March 11 (sign up by February 27)**

This meet is a special championship meet for swimmers 8 years and younger only at UNO.

Warm Up: 9:00am

Meet Begins: 10:30am

Event Order: 100 Free Relay, 50 Free, 25 Fly, 25 Back, 25 Breast, 25 Free, 100 IM, and 100 Medley Relay

## **USA Swimming Membership**

This meet requires USA Swimming registration. In order to be entered in this meet you must pre-pay the USA Swim Registration membership fee. Your online sign up through TU will be the "authorization" for the \$70 membership fee to be charged to your account on file.

***8 & U Meet Online Sign up:*** <http://www.crawfishaquatics.com/calendar/8-under-championship>

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## **Practice Schedule: Week of February 20**

### **Senior Red/ White**

Monday- Friday 4:00- 6:00 PM

Drylands Tues/ Thurs 4:00- 5:00 PM

Saturday 7:00- 9:00AM

### **Junior White**

Monday- Friday 4:30- 6:00 PM

Drylands Mon/ Wed 4:30- 5:00 PM

Saturday 8:00- 9:30 AM

### **Junior Red-**

Monday/ Wednesday/ Friday 4:30- 6:00 PM

Drylands Mon/ Wed 5:30- 6:00 PM

Saturday 8:00- 9:30 AM

### **Pre Senior Plus**

Monday- Friday 6:00- 7:30 PM

Drylands Wednesday/ Friday

Saturday 9:00- 10:30 AM

### **Pre Senior/ Age Group Black/ AG White**

Monday/ Wednesday/ Friday 6:00- 7:30 PM

Drylands Wednesday/ Friday

Saturday 9:00- 10:30 AM

### **Age Group Red-**

Monday/ Wednesday/ Friday 5:30- 7:00PM

Drylands Friday 5:30- 6:00PM

### **8&Under**

Tuesday/ Thursday/ Friday 4:30- 5:30 PM

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## **Upcoming Practice Schedule Updates/ No Practice Dates**

### **Age Group/ Jr Group/ Senior Group**

- No practice Monday, February 27- Saturday, March 4. Short Course Champs swimmers, see Coach Thomas for your practice schedule. 8&Under swimmers, see Coach Susan regarding your practice schedule!
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## **Meet & Events Schedule**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

March 11: 8 & Under Championship at UNO

April 1: Swim-A-Thon: <http://www.crawfishaquatics.com/swim-a-thon>

April 8: 25 yard World Championships (at CA Lafayette)

April 21-22: Swamp Paradise (at CA Nicholls)

May 5: Developmental Competitive meet (at CA BR)

May 19-21: Crawfish Long Course Invitational

June 2-4: TAQ Summer Classic and Woodlands 14 & O (qualifiers)

June 15-18: Woodlands Senior Meet (qualifiers)

June 23-24: CA Summer Tri Meet

July 8-9: Long Course District Championship (at CA BR)

July 13-16: State Championship at UNO

July 22: 8 & Under Championship at UNO

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**Team Unify:** Account Mgmt- <https://www.teamunify.com/Home.jsp? tabid =0&team=laca>