

2018 FALL TRAINING SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 & Under	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	OFF	OFF	OFF
Age Group	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	4:00-5:00 PM	OFF	OFF	OFF
Jr Group	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	5:00-6:30 PM	4:00-5:15 PM	OFF	OFF
Sr Red	6:00-7:45 PM	6:00-7:45 PM	6:30-8:00 PM	6:00-7:45 PM	OFF	11:00-11:30 AM	OFF
Sr White	3:45-6:00 PM	3:45-6:00 PM	3:45-6:25 PM	3:45-6:00 PM	3:45-5:15 PM	8:00-11:00 AM	OFF
Sr Black	5:00-6:30 AM 3:45-6:00 PM	3:45-6:00 PM	3:45-6:25 PM	3:45-6:00 PM	5:00-6:30 AM 3:45-5:15 PM	8:00-11:00 AM	OFF

