



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

2018 Lifeguard Certification Course Dates & Registration

Registration is open for our 2018 Lifeguard Certification Courses being held during the months of March through May. Spaces are limited, so register early! Students must be able to attend all 3 days of the course in full to receive certification. For schedules and other information, visit our website:

<http://www.crawfishaquatics.com/more1/red-cross-certification/>

Full Certification Dates:

March 16-18

April 27-29

May 11-13

Renewal Certification Dates:

March 31

May 5

TAQ Mardi Gras Meet is This Weekend

The psych sheet is posted on the website along with the meet schedule:

<http://www.crawfishaquatics.com/calendar/taq-mardi-gras-meet-1>

Team Apparel:

- Team suits only. **No technical suits.**
- Black, new CA logo caps
- Colors: Fri, Gray // Sat, Red // Sun, Black

Updated Schedule: Please note that Saturday morning will most likely change to a 7:00 AM warm up due to the meet size. TAQ will confirm this to us by Tuesday. A reminder that there are 4 CA partner hotels in Baton Rouge if you are looking to stay in town: <http://www.crawfishaquatics.com/swim-team/meet-information/hotel-information/>

Entries: TAQ is no longer accepting any late additions to this meet. If you are no longer able to participate in the meet, email your practice coach by Tuesday evening as they will accept scratches through this point.

CA Winter Invitational: January 26-28

Meet sign up is posted on the website:

<http://www.crawfishaquatics.com/calendar/crawfish-winter-invitational>

Schedule:

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|--------------------------------|--------------------------|---------------|
| • Friday | Warm-up: 4:30 PM | Meet: 5:15 PM |
| • Saturday & Sunday 13 & Older | Warm-up: 7:00 AM/7:30 AM | Meet: 8:15 AM |
| • Saturday & Sunday 12 & Under | Warm-up: 12:00 PM | Meet: 1:00 PM |
- *Session 3 & 5 subject to change in time earlier or later based on meet entries & timelines*

Eligible athletes:

- Senior Division (Senior Black auto-entered)
 - Junior Group
 - Age Group
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Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

January 12-14:	Mardi Gras Meet at LSU (Junior/Senior division)
January 26-28:	Crawfish Winter Invitational
February 22-25:	Short Course State Meet in Sulphur
March 2:	Developmental Meet (BR)
March 9-11:	12 & U Short Course State Meet at LSU
March 17:	Swim-A-Thon at all 3 Locations
March 24:	8 & Under Championship at UNO

Crawfish Aquatics Online Resources

Team Unify: https://www.teamunify.com/Home.jsp?tabid_ =0&team=laca

Facebook: www.facebook.com/crawfishaquaticsbatonrouge

Instagram: www.instagram.com/crawfishaquatics.br/

Twitter: <https://twitter.com/crawfishaquatic>

YouTube: <https://www.youtube.com/user/CrawfishAquatics>