



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

No Practice Saturday, December 9

There will be no practice for Senior Black/White this Saturday, December 9, due to the team event being held in Baton Rouge. If you have not registered already, login to Team Unify and commit!

Officials Clinic

We will offer an Officials Training Clinic this Saturday in conjunction with the meet. This is a 45-minute clinic followed by "on the job" training as you walk the deck and learn from a CA Meet Official! Email the office if you are interested in attending. Tentatively planning to run one during the 14 & U meet warm up (9:00 AM) and another during the Senior meet warm up (around 1:00 PM). More info will be sent mid-week as schedules are confirmed.

Christmas Light Donations!

We want to light up the outdoor pool area with Christmas lights to bring some fun & brightness to these darker nights! If you have a strand (or 2) that you can donate, please drop off to your coaches this week during your scheduled practice time!

Click Here to View Holiday Practice Schedule

Crawfish Aquatics Team Meet(s) to benefit Toys for Tots! December 9 at CA BR

In Partnership with Toys for Tots, families are asked to bring gift donations to the meet.

A highlight of our December meet each year is gathering toy donations for Toys for Tots as part of the event. Please bring an unwrapped toy to the meet with you. If you are not able to attend the meet but still want to take part in the Toy Drive, our coaches can bring them to the meet for you! Hand your donation to your coach before or after practice, and it will be delivered the day of the meet.

SIGN UP BY DEC 4. (TODAY)

- 14 & Under Meet (USA Swimming Membership required): 9:00 AM warm up
- Developmental Meet: 12:00 PM warm up
- Senior Meet: 1:30 PM warm up

14 & Under Meet: The morning meet will be a sanctioned USA Swimming meet for our Junior division. Age Group swimmers also have the option to sign up for the Developmental meet instead.

- *Meet Fee: \$10 surcharge plus \$3.5 per event (standard LA Swimming entry fee for sanctioned meets)*

Developmental Meet: This meet is for our 8 & Under and Age Group athletes.

- *Meet Fee: \$10 surcharge per swimmer (no individual entry fee)*

Senior Meet: This meet is for our Senior Division athletes and will host some fun and unique races! Warm up is set to a later time to allow those taking the ACT to also attend the meet.

- *Meet Fee: \$10 surcharge per swimmer (no individual entry fee)*

Sign up by December 4: There is a separate sign up link for the 14 & U meet and for the Developmental/Senior Meet. Please follow the correct links to sign up accordingly.

Meet Info & Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-tri-meet>

Annual Alumni Meet, December 26

This will be our first Alumni Meet, bringing together those of the past with those of the present at the Baton Rouge location. Message your favorite CA alum and help spread the word!

Current CA athletes from Senior Black/White/Red or Junior Group can sign up to swim and race some of our returning Alumni and all CA members are invited to come out and cheer them on! This is a non-sanctioned meet, and there are no meet fees to participate.

Meet Schedule: 5:30 PM Warm up/6:00 PM start

Sign up through TU: <http://www.crawfishaquatics.com/calendar/alumni-meet-social>

Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

December 9	Crawfish Team Meet
December 20	See Holiday Practice Schedule Above (Announcements and Reminders)
December 26	First Annual Crawfish Alumni Swim Meet
January 3	Resume Afternoon Practice Schedule

Crawfish Aquatics Online Resources

Team Unify https://www.teamunify.com/Home.jsp?tabid_=0&team=laca

Facebook www.facebook.com/crawfishsouth

Instagram www.instagram.com/crawfishaquatics.nicholls/

Twitter <https://twitter.com/crawfishaquatic>

YouTube <https://www.youtube.com/user/CrawfishAquatics>