



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

RSVP for the Swim-A-Thon & event swim cap by February 26 (extended). Makeup date is Friday, March 16 but talk with your coach if you need another alternative makeup date.

<http://www.crawfishaquatics.com/swim-a-thon/>

Practice—Week of February 19

This weekend's 13 & Over State Meet will not affect our practice schedule. All groups will practice according to their regular schedules.

Crawfish Mardi Gras Meet Results

Congrats to NEW state qualifiers: Michael Schoen, Jacyd Williamson, Piper Hull, Helen Wang, Eric Jurkovic. Results are posted here: <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

Developmental Meet, March 2—Sign up by February 26!

<http://www.crawfishaquatics.com/calendar/developmental-meet-march-2>

Spring & Summer Swimming Lessons are Open for Online Registration!

Online registration for Spring & Summer Swim Lessons at our Bluebonnet location is NOW OPEN. We will offer 1-week group lesson sessions throughout April and begin our Private Lessons and 2 week Group Sessions (including ADULTS!) in May. <http://www.crawfishaquatics.com/lessons/baton-rouge/jump-start-lessons/br-lessons-registration/>

CHAMPIONSHIP MEET COUNTDOWN

- 3 Days until 13 & Older State Championships
- 19 Days Until 12 & Under State Championship
- 30 Days Until Sectionals Championship
- 32 Days Until 8 & Under Championship

13 & Older State Meet Begins Thursday

At this time we are waiting for meet information from the host team regarding an updated psych sheet (not yet published) and timing assignments. Please be ready to sign up quickly for timing assignments when these are published. Follow along with updates being posted to the website also.

Here are some other quick updates, in addition to what is on the site:

- Thursday warm up time has been moved to 3:30pm warm up and 5:00pm start. The coaches will confirm arrival times with athletes at practice and upcoming meet emails.
- Purchase your White CA Swim Cap (will be available at the meet).
- Team Seating areas will be assigned to each team.
- Meet Info page: <http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>

Crawfish Developmental Meet, March 2 (at CA BR)

This meet is for swimmers in the 8 & U and Age Group division and does NOT require USA Swimming membership. These meets typically last about 1 hour and are great for swimmers racing in their first meet as well as our seasoned meet swimmers.

Sign up by Feb 26: <http://www.crawfishaquatics.com/calendar/developmental-meet-march-2>

RSVP for the Swim-A-Thon, March 17

The Swim-A-Thon will start at 8:30 AM for all groups. Team lunch for swimmers & families to follow! We also encourage you to bring family and friends for lunch and recreational swim time from 11:00 AM-1:00 PM. If you know anyone that has considered joining our programs in the past but has never initiated conversation, encourage them to join us for fun and make March 17 the day to check us out!

**schedule to be confirmed closer to the event as participant numbers are confirmed.*

- **RSVP by Feb 23**—<http://www.crawfishaquatics.com/swim-a-thon/>
- Check out the website for some helpful tools for promoting SAT on social media or letter writing.
- PRIZES: Someone is going to win A YEAR OF FREE SWIMMING DUES!
- 100% Tax Deductible: Crawfish Agape International functions as the non-profit arm of Crawfish Aquatics as a 501(c)(3) status.
- Online Donations: https://www.sagepayments.net/efcart/forms/donate.asp?M_id=388152857454

Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

February 17:	Crawfish Mardi Gras Intrasquad Meet (Age Group & Junior)
February 22-25:	13 & Over Short Course State Meet in Sulphur
March 2:	Developmental Meet
March 9-11:	12 & U Short Course State Meet at LSU
March 17:	Swim-A-Thon at all 3 locations
March 24:	8 & Under Championship at UNO

Spring Break Practice Schedule—All Groups

- No practice, Fri, March 30—Sat, April 7
 - Return to regular schedule Monday, April 9
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