

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **2017 Short Course State Champions**

Check out the many highlights, new team records, state records and more here:  
[http://crawfishaquatics.tiltlabs.com/docs/Team\\_Stats/2017\\_SC\\_State\\_Stats.pdf](http://crawfishaquatics.tiltlabs.com/docs/Team_Stats/2017_SC_State_Stats.pdf)

### **Swimming Lessons Registration is OPEN!**

<http://www.crawfishaquatics.com/lessons/nicholls/>

### **CHAMPIONSHIP MEET COUNTDOWN CONTINUED!**

- 3 Days Until American Short Course Championship
- 11 Days Until 8 & Under Championship

### **Bayou Lafourche Cleanup—March 11**

The Bayou Lafourche Cleanup is a wonderful opportunity to give back to our community. The cleanup will be held from 8:00 AM-12:00 PM on Saturday, March 11, 2017. To sign up, follow the link provided:  
<http://btnep.org/BTNEP/news/BayouLafourcheCleanup.aspx>

- When you are filling out the form, select “Jean Lafitte National Park” as the section you are signing up to clean. If you have a boat you are willing to use, please say yes, and put the number of passengers you could carry.
- If you are bringing a canoe or a boat, please do not forget to wear life jackets. BTNEP will supply trash bags, gloves, and trash pickers. The park staff will distribute equipment the morning of the cleanup at the boardwalk along Bayou Lafourche.
- For safety that day, please wear closed-toe shoes or boots. Jeans would also be preferred. Bring a refillable water bottle for drinking.

### **Happy Birthday!**

Happy birthday this week to Quinn Smith (March 2)!

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### **Swim-A-Thon Prep Checklist for the week:**

- Make a list of potential sponsors and collect emails or mailing addresses.
- See sample letter for ideas on getting started with a sponsor request on the SAT info page. There is also a graphic on the sample letter that can be pasted in as an email header to add a special touch to electronic sponsor requests.
- Resource Page: <http://www.crawfishaquatics.com/swim-a-thon>

Donations to date: We have already received some online donations! We will post a summary of online donations to date next Monday and update more frequently as we get closer to event day.

*\*Reminder: Tax deductible donations can be made online or by checks written to Crawfish Agape.*

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## **8 & U Championship Meet—March 11 (sign up by March 1)**

This meet is a special championship meet for swimmers 8 years and younger only at UNO.

Warm Up: 9:00 AM

Meet Begins: 10:30 AM

Event Order: 100 Free Relay, 50 Free, 25 Fly, 25 Back, 25 Breast, 25 Free, 100 IM, and 100 Medley Relay

**Shirt Color:** Black Signif**ICAN**ce shirts

*\*Lafayette or Nicholls members can order [HERE](#)*

## **USA Swimming Membership**

This meet requires USA Swimming registration. In order to be entered in this meet you must pre-pay the USA Swim Registration membership fee. Your online sign up through TU will be the "authorization" for the \$70 membership fee to be charged to your account on file.

***8 & U Meet Online Sign up:*** <http://www.crawfishaquatics.com/calendar/8-under-championship>

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## **Meet & Events Schedule**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

March 11: 8 & Under Championship at UNO  
March 11: Bayou Lafourche Cleanup  
April 1: Swim-A-Thon: <http://www.crawfishaquatics.com/swim-a-thon>  
April 8: 25 yard World Championships (at CA Lafayette)  
April 21-22: Swamp Paradise (at CA Nicholls)  
May 5: Developmental Competitive meet (at CA BR)  
May 19-21: Crawfish Long Course Invitational  
June 2: FUN Friday, 4:30 PM (CA BR)  
June 2-4: TAQ Summer Classic and Woodlands 14 & O (qualifiers)  
June 15-18: Woodlands Senior Meet (qualifiers)  
June 23-24: CA Summer Tri Meet  
July 8-9: Long Course District Championship (at CA BR)  
July 13-16: State Championship at UNO  
July 22: 8 & Under Championship at UNO

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**Team Unify:** Account Mgmt—<https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

**Facebook:** [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)

**Instagram:** [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)