



**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements & Reminders**

### **Mardi Gras/Spring Break Practice Schedules**

Schedules for these holidays are forthcoming this week. Please stay tuned to email for concrete schedules.

### **Women's Locker Room Notice— February 7, 14, 21, and 28**

Every Wednesday during February, Nicholls State's women's basketball team will be hosting games in Stopher Gymnasium, which means there will be no access to that locker room each game. Please plan accordingly.

### **13 & O State Meet- Best Western room rate extended to 2/7**

<http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>

### **2018 Lifeguard Certification Course Dates & Registration**

<http://www.crawfishaquatics.com/more1/red-cross-certification/>

### **Watch Will Johanssen tonight on 10pm Channel 9 News!**

Tune in to WAFB Channel 9 on Monday night to watch CA swimmer Will Johannessen talk about his preparations for the 2018 Special Olympics in Seattle this July!

<https://www.facebook.com/Channel9BatonRouge/videos/10108700476976425/>

## **CHAMPIONSHIP MEET COUNTDOWN**

- 17 Days until 13 & Older State Championships
- 33 Days Until 12 & Under State Championship
- 44 Days Until Sectionals Championship
- 46 Days Until 8 & Under Championship

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## ***Start your engines! Crawfish 200 is March 17***

**With your help, this will be the most successful Swim-A-Thon in Crawfish Aquatics' history!**

If you didn't get a packet last week, make sure to pick up at practice this week! Here are some other quick notes and reminders:

- RSVP by Feb 23—<http://www.crawfishaquatics.com/swim-a-thon/>
- Check out the website for some helpful tools for promoting SAT on social media or letter writing!
- PRIZES: someone is going to win A YEAR OF FREE SWIMMING DUES!
- 100% Tax Deductible: Crawfish Agape International functions as the non-profit arm of Crawfish Aquatics as a 501(c)(3) status.

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### **Crawfish Mardi Gras Intrasquad Meet, February 17 (at CA BR)**

*New meet added for Junior & Age Group division. This is a sanctioned USA Swimming meet that will also serve as a "last chance" to qualify for state meet or a "state meet events tune up".*

**Eligible groups:** Junior and Age Group division

**USA Swimming Membership:** Required for this meet; if you do not have 2018 USA Swimming membership, by signing up you are authorizing us to invoice your account the \$75 fee and submit registration to USA Swimming.

**Warm up is 9:00am** (Junior Black will have extended warm up starting at 8:30am). Meet will start just after 9:30am.

**Meet info & sign up:** <http://www.crawfishaquatics.com/calendar/crawfish-mardi-gras-intrasquad-meet>

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### **Crawfish Developmental Meet, March 2 (at CA BR)**

This meet is for swimmers in the 8 & U and Age Group division and does NOT require USA Swimming membership. These meets typically last about 1 hour and are great for swimmers racing in their first meet as well as our seasoned meet swimmers.

Sign up by **Feb 26:** <http://www.crawfishaquatics.com/calendar/developmental-meet-march-2>

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### **Upcoming Dates**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

<b>February 17:</b>	Crawfish Mardi Gras Intrasquad Meet (Age Group & Junior)
<b>February 22-25:</b>	13 & Over Short Course State Meet in Sulphur
<b>March 2:</b>	Developmental Meet
<b>March 9-11:</b>	12 & U Short Course State Meet at LSU
<b>March 17:</b>	Swim-A-Thon at all 3 locations
<b>March 24:</b>	8 & Under Championship at UNO

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