

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements

Senior Group—Saturday Practice

There will be no practice this Saturday, March 25, for senior group. Enjoy your weekend!

Swimming Lessons Online Registration: <http://www.crawfishaquatics.com/lessons/nicholls/>

Spring and summer sessions available online for registration now. Our first spring session begins April 3. Spread the word!

Bayou Lafourche Cleanup

Crawfish Aquatics is proud of our volunteers! See the attached PDF for the stats on the number of items we found during this year's cleanup! 516 grocery bags... WOW!

Spring & Summer Meet Schedule, Sign Ups, Information

- Sign up deadline for 25 Yard World Championship in Lafayette is April 3.
- Sign up deadline for Swamp Paradise at Nicholls is April 17.
- Sign up for June Woodlands meets is now posted (qualifiers- see website)
- Note meet date changes from June 2-4 at LSU for those not attending a Woodlands meet has changed to June 9-11 at NuWave. Meet details on the website.
- In addition to the website details, see more meet information on all meets April to June here: <http://crawfishaquatics.tiltlabs.com/docs/Enews Links/Meet Enews Spring April to June.pdf>

Happy Birthday!

Happy birthday this week to Daelan Bourg (March 26)!

Race to \$100K! And Meet your annual Fundraising Obligation

13 days until the Crawfish 200

Follow up with your potential sponsors! Have you had donation pledges from everyone you contacted? Use this week to do follow ups and send reminders about our easy online donation form for making their tax-deductible sponsorship. EIN information is posted on the SAT page for individuals or companies that are doing a donation matching!

STILL TIME TO RSVP: We have EXTRA event caps! If you did not RSVP, please do so ASAP to secure your event swim cap. We will not cut off the number of participants but the event swim cap is limited to those that are already RSVP'd or those that secure these last few spots.

Schedule Information: All groups will swim from 8:00-10:00 AM. We will have all 16 lanes available for participation. Lunch will be ready for 11:00 AM for swimmers and families! We will need parent volunteers to help with food serving. More information will be sent out in the upcoming weeks. The pool will be open afterward for family fun with the inflatable waterslide in the pool. **We are encouraging all swimmers to bring friends and family along to enjoy what we hope will be a great day!**

Resource Page: <http://www.crawfishaquatics.com/swim-a-thon>

**Reminder: Tax deductible donations can be made online or by checks written to Crawfish Agape.*



April 8: 25-Yard World Championship at CA Lafayette

This is a fun event for all ages and groups and we encourage ALL GROUPS to take part!

Who is racing on April 8? Novice, 8 & Under, Age group swimmers, senior athletes, Masters, parents, coaches, even a friend that you want to challenge in your sport! Encourage your summer league and high school teammates to enter- this meet does not require USA Swimming registration/team affiliation!

Meet Information:

- Warm up: 8:00 AM, Meet at 9:00 AM
- Groups: 8 & U, Age Group, Summer League Prep, HS Group, Junior, Senior
- Sign up to participate by April 3 (all group sign up online)
<http://www.crawfishaquatics.com/calendar/25-yard-world-championships-at-ca-lafayette>

Know a non-Crawfish team member that wants to race on April 1? There is an online registration form for non-Crawfish team member/individual entrants posted on the CA website.

Senior Groups Team Building Paintball Activity

Following the last race of the meet, athletes can have more fun with their teammates by playing paintball at the nearby Levena Paintball LLC about 15 minutes from the pool.

More Info: https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpmsoYE6gWXuPTE2kly3a0oZjPdKj-O9mIBMPussg/viewform?usp=sf_link

April 21-22: Swamp Paradise Long Course Meet at Nicholls Location

The Age Group, Junior, Senior groups will kick off their long course season officially with this Friday/Saturday meet at our facility—Crawfish Aquatics Nicholls.

Entries:

- 8 & Under, Age Group, Junior group, and Senior group sign up online to be entered in the meet.
- Entry deadline is April 17.
- USA Swimming Registration is required for this meet.

Meet Information:

- Friday: 200 Free/400 Free, Warm up at 4:30 PM
- Saturday, 13 & Over: warm up at 8:00 AM (8:45AM start)
- Saturday, 12 & Under: warm up will not begin before 11:00 AM (meet begins 45 minutes after warm up) <http://www.crawfishaquatics.com/calendar/swamp-paradise-at-ca-nicholls>

May 5: Developmental Meet

This is a short course (25-yard course) meet for CA athletes only, at Crawfish Aquatics (BR location). Events offered will be the 4 x 25, the 4 x 50 of each stroke, 100 IM and 100 Free.

Meet information:

- 5:00pm warm up and 5:30pm start.
- Cost for the meet is \$10 surcharge per swimmer.
<http://www.crawfishaquatics.com/calendar/developmental-meet-may-5>

Entries:

8 & Under and Age Group sign up to swim in this meet by May 1.



UPDATED—Upcoming Meet & Events Schedule

All Meet Details: <http://www.crawfishaquatics.com/swim-team/meet-information/>

April 1: *Crawfish 200: Race to \$100K* Swim-A-Thon
April 8: 25 yard World Championships (at CA Lafayette)
April 21-22: Swamp Paradise (at CA Nicholls)
May 5: Developmental Competitive meet (at CA BR)
May 19-21: Crawfish Long Course Invitational
June 2: FUN Friday, 4:30 PM (CA BR)
June 2-4: Woodlands 14 & O (qualifiers)
June 9-11: NuWave Summer Invitational
June 15-18: Woodlands Senior Meet (qualifiers)
June 17: Developmental Competitive meet (short course at CA BR)
June 23-24: CA Summer Tri Meet (Junior, Senior, AG-III & IV)
July 8-9: Long Course District Championship (at CA BR)
July 13-16: State Championship at UNO
July 22: 8 & Under Championship at UNO

Team Unify: Account Mgmt—<https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishsouth

Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

