



**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **Happy Birthday!**

Happy birthday this week to Anna-Claire Galliano (March 29)!

### **Spring Break Practices**

8 & Under, Age Group, and Junior Group will not have practice from April 13-17, and Senior Group will not have practice from April 17-17. Practices will resume on Tuesday, April 18.

### **Long Course Season Break**

After Long Course State in July, our competitive team will take a break from Friday, July 21, through Sunday, August 6. Practice will resume on Monday, August 7, at the times we are practicing currently.

- 8&U/AG—4:30-5:30 PM
- Junior—4:30-6:00 PM
- Senior—3:45-6:00 PM

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## **Crawfish 200 is This Saturday!**

***Use this week to fuel up and get ready to "start your engines" for the Crawfish 200!***

### ***Check the RSVP list for the event:***

[http://crawfishaquatics.tiltlabs.com/docs/Enews\\_Links/RSVP\\_list.pdf](http://crawfishaquatics.tiltlabs.com/docs/Enews_Links/RSVP_list.pdf)

### ***Follow Up with potential sponsors***

Follow up with those that you sent letters, emails or FB posts; make phone calls and explain why this event is important for you, the organization, and community.

-Make sure they know that all donations are 100% tax deductible through our non-profit arm, Crawfish Agape International (EIN 47-3606420). Checks written to Crawfish Agape International.

-Use our online donation link for easy and secure giving!

[https://www.sagepayments.net/eftcart/forms/donate.asp?M\\_id=388152857454](https://www.sagepayments.net/eftcart/forms/donate.asp?M_id=388152857454)

### ***Swim-A-Thon Timeline:***

8:00-10:00 AM: 8&U, AG, Jr, Sr group swim

10:30 AM: Inflatable waterslide goes into pool for family and friend fun!

11:00 AM-2:00 PM: Pool is open to family and friends for a fun afternoon. BRING FRIENDS!

\*\*Lunch will be ready at 11:00 AM.

### ***Upcoming Dates:***

- April 24: Deadline to submit funds
- May 1- Prize Winners announced

### ***Don't forget about these Prizes!***

[http://crawfishaquatics.tiltlabs.com/docs/Swim\\_A\\_Thon/SwimAThon\\_2017\\_Packet.pdf](http://crawfishaquatics.tiltlabs.com/docs/Swim_A_Thon/SwimAThon_2017_Packet.pdf)

**All Participants:** Crawfish 200 Swim-A-Thon Swim Cap

### Top 3 Raisers in Each Division

1st - \$75 account credit

2nd - \$50 account credit

3rd - \$25 account credit

### Top Individual and Top Family

Lunch with a friend and coaches of your choice.

### Entered in drawing for 1 year of FREE dues!

Families that raise \$1200+ (Gold Level Wall of Fame status)

Swim-A-Thon Wall of Fame: Bronze: \$600-\$899, Silver: \$900-\$1199, Gold: \$1200+

*Highlights families that raise \$600 on a banner that will hang for one year until the next SAT event.*

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## **April 8: 25-Yard World Championship at CA Lafayette- Meet Deadline, April 3**

This is a fun event for all ages and groups and we encourage ALL GROUPS to take part!

**Who can swim?** All CA groups can swim! Novice, 8 & Under, Age group swimmers, senior athletes, Masters and even parents, coaches, or a friend that you want to challenge in your sport! Encourage your summer league and high school teammates to enter- this meet does not require USA Swimming registration/team affiliation!

### **Meet Information:**

- Warm up: 8:00 AM, Meet at 9:00 AM
- Groups: 8 & U, Age Group, HS Group, Summer League Prep, Homeschool Group, Junior, Senior
- Sign up to participate by April 3 (all groups sign up online)

<http://www.crawfishaquatics.com/calendar/25-yard-world-championships-at-ca-lafayette>

*Know a non-Crawfish team member that wants to race on April 1? There is an online registration form for non-Crawfish team member/individual entrants posted on the CA website.*

### **Senior Groups Team Building Paintball Activity**

Following the last race of the meet, athletes have the opportunity to have more fun with their teammates by playing paintball at the nearby Levena Paintball LLC about 15 minutes from the pool.

More Info: [https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpms0YE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpms0YE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf_link)

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## **UPDATED & Upcoming Meet & Events Schedule**

All Meet Details: <http://www.crawfishaquatics.com/swim-team/meet-information/>

April 1:	<i>Crawfish 200: Race to \$100K</i> Swim-A-Thon
April 8:	25 yard World Championships (at CA Lafayette)
April 21-22:	Swamp Paradise (at CA Nicholls)
May 5:	Developmental Competitive meet (at CA BR)
May 19-21:	Crawfish Long Course Invitational
June 2:	FUN Friday, 4:30pm (CA BR)
June 2-4:	Woodlands 14 & O (qualifiers)
June 9-11:	NuWave Summer Invitational
June 15-18:	Woodlands Senior Meet (qualifiers)
June 17:	Developmental Competitive meet (short course at CA BR)
June 23-24:	CA Summer Tri Meet (Junior, Senior, AG-III & IV)
July 8-9:	Long Course District Championship (at CA BR)
July 13-16:	State Championship at UNO
July 22:	8 & Under Championship at UNO

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### **April 21-22: Swamp Paradise Long Course Meet at Nicholls location**

The Age Group, Junior White/Black and Senior groups will kick off their long course season officially with this Friday/Saturday meet at Crawfish Aquatics Nicholls location.

#### **Entries:**

- Age Group III/IV, Junior division and Senior Red SIGN UP online to be entered in the meet.
- Senior White/Black are automatically entered (must decline meet on TU to be removed).
- Entry deadline is April 17.
- USA Swimming Registration is required for this meet.

#### **Meet Information:**

- Friday: 200 Free/400 Free, Warm up at 4:30 PM
- Saturday, 13 & Over: warm up at 8:00 AM (8:45 AM start)
- Saturday, 12 & Under: warm up will not begin before 11:00 AM (meet begins 45 minutes after warm up)

<http://www.crawfishaquatics.com/calendar/swamp-paradise-at-ca-nicholls>

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### **May 5: Developmental Meet**

This is a short course (25-yard course) meet for CA athletes only, at Crawfish Aquatics (BR location). Events offered will be the 4 x 25, the 4 x 50 of each stroke, 100 IM and 100 Free.

#### **Meet information:**

- 5:00 PM warm up and 5:30pm start.
- Cost for the meet is \$10 surcharge per swimmer.

<http://www.crawfishaquatics.com/calendar/developmental-meet-may-5>

**Entries:** 8 & Under and Age Group division sign up by May 1.

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**Team Unify:** Account Mgmt-<https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

**Facebook:** [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)

**Instagram:** [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)