



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements

Spring Break Practices

8 & Under, Age Group, and Junior Group will not have practice from April 13-17, and Senior Group will not have practice from April 17-17. Practices will resume on Tuesday, April 18.

Summer Practice Schedule—Beginning June 5

8 & Under	Monday-Thursday 8:30-9:30 AM
Age Group	Monday-Thursday 8:30-9:30 AM
Junior	Monday-Friday 7:00-8:30 AM
Senior	Monday-Friday 7:00-9:30 AM, Saturday 8:00-10:30 AM

Long Course Season Break

After Long Course State in July, our competitive team will take a break from Friday, July 21, through Sunday, August 6. Practice will resume on Monday, August 7, at the times we are practicing currently.

- 8&U/AG—4:30-5:30 PM
- Junior—4:30-6:00 PM
- Senior—3:45-6:00 PM

Happy Birthday!

Happy birthday this week to Kynlee Cazenave (April 8)!

NuWave Hotel Block now available (book by May 9)

<http://www.crawfishaquatics.com/calendar/nu-wave-summer-splash-meet>

Swim-A-Thon

A HUGE "Congratulations!" to all participants of our Swim-A-Thon this past Saturday. Please see the attached letter from Coach Steve to view his thoughts and praises from the day! If you did not get your event swim cap, see coach Addy.

Quick Links:

SAT page: <http://www.crawfishaquatics.com/swim-a-thon/>

Online Donations: https://www.sagepayments.net/eftcart/forms/donate.asp?M_id=388152857454

Upcoming Dates:

- April 24—Deadline to submit funds
- May 1—Team Unify May invoice will include first half of 2017 fundraising obligation of \$75 for 8 & U and Age Group families and \$150 for Jr/Sr group families. SAT funds will be applied to the May 1 invoice.
- May 1—Prize Winners announced

Prize Winners will be announced May 1:

http://crawfishaquatics.tiltlabs.com/docs/Swim_A_Thon/SwimAthon_2017_Packet.pdf

Top 3 Raisers in Each Division

1st - \$75 account credit

2nd - \$50 account credit

3rd - \$25 account credit

Top Individual and Top Family

Lunch with a friend and coaches of your choice.

Entered in drawing for 1 year of FREE dues!

Families that raise \$1200+ (Gold Level Wall of Fame status)

Swim-A-Thon Wall of Fame: Bronze: \$600-\$899, Silver: \$900-\$1199, Gold: \$1200+

Highlights families that raise \$600 on a banner that will hang for one year until the next SAT.

April 8: 25-Yard World Championship at CA Lafayette- Meet Deadline, April 3

Meet Information:

- Warm up: 8:00 AM, Meet at 9:00 AM
- Groups: 8 & U, Age Group, Junior, Senior, HS Group, Summer League Prep

Senior Groups Team Building Paintball Activity

Following the last race of the meet, athletes have the opportunity to have more fun with their teammates by playing paintball at the nearby Levena Paintball LLC about 15 minutes from the pool.

More Info: https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpmsoYE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf_link

April 21-22: Swamp Paradise Long Course Meet at Nicholls Location

The Age Group, Junior White/Black and Senior groups will kick off their long course season officially with this Friday/Saturday meet at Crawfish Aquatics Nicholls location.

Entries:

- Age Group III/IV, Junior division and Senior Red SIGN UP online to be entered in the meet.
- Senior White/Black are automatically entered (must decline meet on TU to be removed).
- Entry deadline is April 17.
- USA Swimming Registration is required for this meet.

Meet Information:

- Friday: 200 Free/400 Free, Warm up at 4:30 PM
- Saturday, 13 & Over: warm up at 8:00 AM (8:45 AM start)
- Saturday, 12 & Under: warm up will not begin before 11:00 AM (meet begins 45 minutes after warm up)

<http://www.crawfishaquatics.com/calendar/swamp-paradise-at-ca-nicholls>

May 5: Developmental Meet

This is a short course (25-yard course) meet for CA athletes only, at Crawfish Aquatics (BR location). Events offered will be the 4 x 25, the 4 x 50 of each stroke, 100 IM and 100 Free.

Meet Information:

- 5:00 PM warm up and 5:30 PM start.
- Cost for the meet is \$10 surcharge per swimmer.
<http://www.crawfishaquatics.com/calendar/developmental-meet-may-5>

Entries:

- Novice, 8 & Under, Age Group division and High School Group sign up by May 1.
- Junior Red is automatically entered- decline on TU by May 1.

UPDATED & Upcoming Meet & Events Schedule

All Meet Details: <http://www.crawfishaquatics.com/swim-team/meet-information/>

April 8:	25-yard World Championships (at CA Lafayette)
April 21-22:	Swamp Paradise (at CA Nicholls)
May 5:	Developmental Competitive meet (at CA BR)
May 19-21:	Crawfish Long Course Invitational
June 2:	FUN Friday, 4:30 PM (CA BR)
June 2-4:	Woodlands 14 & O (qualifiers)
June 9-11:	NuWave Summer Invitational (non-Woodlands Junior/Senior)
June 15-18:	Woodlands Senior Meet (qualifiers)
June 17:	Developmental Competitive Meet (short course at CA BR)
June 23-24:	CA Summer Tri Meet (Junior, Senior, AG)
July 8-9:	Long Course District Championship (at CA BR)
July 13-16:	State Championship at UNO
July 22:	8 & Under Championship at UNO

Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishsouth

Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)