



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

ANNOUNCEMENTS & REMINDERS

May 11 Developmental Meet Results

Thanks to all who attended for a fast, fun afternoon!

<http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

State Meet Hotel Booking Cut Off is June 22

<http://www.crawfishaquatics.com/swim-team/meet-information/>

Summer Practice Schedule

http://crawfishaquatics.tiltlabs.com/docs/Nicholls/2018_Summer_Practice_Schedule.pdf

CA Long Course Invitational This Weekend

This is an important, full long-course meet weekend! Meet updates, volunteer sign ups, etc. will be posted to the website as entries and schedules are processed.

<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational>

Entries

The entry report is posted on the website. If your availability to attend has changed, please email your practice coach by Monday evening.

Athlete Outfitting:

- Black Crawfish logo swim caps only
- Crawfish team suits (no tech suits)
- Fri—Gray; Sat—Red; Sun—Black

Meet Schedule

Schedules will be confirmed on the website on Tuesday, along with a psych sheet.

- Friday, Warm-up: 4:30 PM Meet: 5:30 PM
- Saturday and Sunday: 13 & Older Session Warm-up: 7:00 or 7:30 AM
- Saturday and Sunday: 12 & Under Session Warm-up: not before 12:00 PM

UPCOMING EVENTS

<http://www.crawfishaquatics.com/swim-team/meet-information/>

May 18-20:	Crawfish Aquatics Long Course Invitational (Age Group, Junior, Senior)
May 28:	Summer Training Schedule Begins
June 1-3:	GPAC Tom Lalor Invitational (Pensacola)
June 22:	CCSC 8 & Under Meet
June 30:	Bayou Oaks 73 Grand Opening Celebration

Post Long Course/Summer Season Practice Break

- Senior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
 - Junior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
 - Age Group/8 & U: No practice Tue, July 24-Tue, August 14 (return Wed, August 15)
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CONNECT WITH CRAWFISH AQUATICS ONLINE

Website: www.crawfishaquatics.com

Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishsouth

Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

Twitter: <https://twitter.com/crawfishaquatic>