



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

Crawfish Aquatics Long Course Invitational Results

Thank you to everyone who timed, our dedicated officials, Info Booth & Meet Management crew.

Results: <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

Memorial Day Practice Schedule

On Memorial Day, May 29, only Senior Team will have practice from 8:00-10:30 AM. 8 & Under, Age Group, and Junior Group will have the day off.

Summer Practice Schedule—Beginning June 5

8 & Under	Monday-Thursday 8:30-9:30 AM
Age Group	Monday-Thursday 8:30-9:30 AM
Junior	Monday-Friday 7:00-8:30 AM
Senior	Monday-Friday 7:00-9:30 AM, Saturday 8:00-10:30 AM

June 9-11: Nu Wave Summer Long Course Invitational

This meet is prelims/finals for the 13 & Over on Friday-Sunday and a mid-day timed finals session for 12 & U on Saturday & Sunday. Friday there will also be a mid-day session with distance events.

Meet Information: <http://www.crawfishaquatics.com/calendar/nu-wave-summer-splash-meet>

Swimmers participating in this meet

- Junior/Senior Division that are NOT swimming in a Woodlands meet need to edit commitment by **May 29**.

June 17: Developmental Competitive Meet

This is a short course (25-yard course) meet for CA athletes only, at Crawfish Aquatics in the outdoor pool (BR location). Events offered will be the 4 x 25, the 4 x 50 of each stroke, 100 IM and 100 Free.

Meet information:

- 10:00 AM warm up and 10:30 AM start.
- Cost for the meet is \$10 surcharge per swimmer.
<http://www.crawfishaquatics.com/calendar/developmental-competitive-meet-june-17>

June 23-24: CA Summer Long Course Meet

This will be a final meet before the Championship Meets take place throughout July and will serve as an important measure and assessment for the coaches prior to some BIG July racing (BR location)!

Eligible Swimmers:

- Age Group Division (Friday and Saturday sessions) sign up by the entry deadline on Team Unify.
- Junior and Senior Division swimmers not competing in the Woodlands Senior Meet June 15-18 sign up by the entry deadline on Team Unify.
- Entry Deadline is **June 19**.
- Sign up and meet information: <http://www.crawfishaquatics.com/calendar/ca-summer-tri-meet>

Meet Information

- Friday, 4:30 PM—50m of each stroke; 200 IM; 200 Free
- Saturday, 9:00 AM—100m of each stroke; 800 and 1500 Free

Upcoming Meet & Events Schedule

All Meet Details: <http://www.crawfishaquatics.com/swim-team/meet-information/>

June 2-4: Woodlands 14 & U (qualifiers)
June 5: Summer Practice Schedule Begins
June 9-11: NuWave Summer Invitational
June 15-18: Woodlands Senior Meet (qualifiers)
June 17: Developmental Competitive meet (short course at CA BR)
June 23-24: CA Summer Tri Meet (AG, Junior, Senior)
July 8-9: Long Course District Championship (at CA BR)
July 13-16: State Championship at UNO
July 21: LC Season Break Begins (through Aug 6)
July 22: 8 & Under Championship at UNO
August 7: Fall Practice Schedule Begins

Crawfish Aquatics Online Resources

Team Unify: Account Mgmt - <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishsouth

Instagram: www.instagram.com/crawfishaquatics.nicholls

**no account needed to view our FB page, Twitter or IG online!*