



*Read this on our website:* <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **ANNOUNCEMENTS & REMINDERS**

### **Tie-Dye Party This Friday!**

Mark your calendars and RSVP! We are going to tie-dye CA t-shirts for the upcoming summer meets & season on Friday, June 15, at 9:30 AM. ALL SWIMMERS in ALL GROUPS are encouraged to participate! CA will provide the dye and a white CA t-shirt. Cost is \$15 and will be invoiced to your July 1 invoice. More info and RSVP here: <http://www.crawfishaquatics.com/calendar/team-tie-dye-party>

### **State Meet Hotel Booking Cut Off is June 22**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

---

### **CCSC 8 & UNDER MEET AT ST. MARTIN'S POOL IN METAIRIE, JUNE 22**

Our 8 & Under swimmers are heading to Metairie for the CCSC Summer 8 & U meet on June 22! This meet will offer 25, 50 and 100-yard events on the short course pool format and is a USA Swimming sanctioned meet (requires 2018 USA Swimming membership, \$75).

**Swimmers participating:** 8 & Under division & Age Group 9-10s in AG1/AG2. Junior Red swimmers can sign up for this meet or for the Friday session of the CA Summer Invitational.

**Sign up by June 14:** <http://www.crawfishaquatics.com/calendar/ccsc-8-under-meet>

---

### **CA SUMMER INVITATIONAL, JUNE 22-23**

This meet serves as a first long course meet for many of our Age Group athletes, a last chance to qualify for the State Championship and a final tune-up meet before the State Meets.

#### **Groups participating:**

- Junior/Senior
- Age Group

#### **Meet Schedule**

- Friday, June 22—Warm-up: 4:30 PM and Meet: 5:30 PM
- Saturday, June 23—Warm-up: 7:30 AM and Meet: 8:15 AM

**Sign up by June 15:** <http://www.crawfishaquatics.com/calendar/ca-summer-meet>

---

### **NEW HEAD COACH ANNOUNCEMENT FOR FALL 2018**

We are proud to announce **OJ Mesina as the new Head Senior Coach and Site Director of Crawfish Aquatics at Nicholls State University.** He will arrive in August following the retirement of Head Coach Steve Panzram. Steve and Coach Addy will be relocating to Pensacola.

Coach OJ joins us from the Northern Kentucky Clippers, where as a Gold Medal Club Coach, he helped develop, re-organize and build a very successful program in the suburbs just south of Cincinnati, Ohio.



"I am incredibly excited and honored to be working with Crawfish Aquatics as the Site Director for the Nicholls location," OJ says. "Crawfish Aquatics is an amazing organization that looks to inspire and help young women and men become not only great student athletes, but more importantly, outstanding people with integrity, honor, motivation, and respect. I look forward to bringing my experience, energy, and love of swimming to the Nicholls site and all of Crawfish Aquatics. I can't wait to become a part of this family and help the organization and athletes grow while still respecting the many rich traditions that have made Crawfish Aquatics into the program it is today."

We are also happy to announce that **Coach Brent Labat will be our new Head Age Group Coach/Director of Program Administration** while continuing to direct the Swimming Lessons programs at the Nicholls location.

Read full update on Crawfish Aquatics staff at CA Nicholls here:

[http://crawfishaquatics.tiltlabs.com/docs/Enews\\_Nicholls/CA\\_Nicholls\\_Staffing\\_Announcement\\_1.pdf](http://crawfishaquatics.tiltlabs.com/docs/Enews_Nicholls/CA_Nicholls_Staffing_Announcement_1.pdf)

---

## **UPCOMING EVENTS**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

<b>June 15:</b>	Tie-Dye Party
<b>June 22:</b>	CCSC 8 & Under Meet
<b>June 22-23:</b>	CA Summer Meet (BR location)
<b>June 30:</b>	Bayou Oaks 73 Grand Opening Celebration
<b>July 6:</b>	State Championship Team Dinner
<b>July 12-15:</b>	12 & Under State Championship at UNO
<b>July 19-22:</b>	13 & Over State Championship at UNO

### **Post Long Course/Summer Season Practice Break**

- Senior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
- Junior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
- Age Group/8 & U: No practice Tue, July 24-Tue, August 14 (return Wed, August 15)

---

## **CONNECT WITH CRAWFISH AQUATICS ONLINE**

Website: [www.crawfishaquatics.com](http://www.crawfishaquatics.com)  
Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>  
Facebook: [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)  
Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)  
Twitter: <https://twitter.com/crawfishaquatic>