



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

12 & UNDER STATE CHAMPIONS!

Congratulations swimmers, parents and coaches! Full results are published on Meet Mobile and the website. *A full meet wrap up will be published next week along with the 13 & Older State Meet results.*
<http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

ANNOUNCEMENTS & REMINDERS

13 & Older State Championships starts Thursday!

116 CA athletes will compete in the Louisiana LC State Championship this Thursday-Sunday at UNO. As meet updates are sent by LA Swimming, they will be posted to the website:

<http://www.crawfishaquatics.com/calendar/13-older-long-course-state-championship>

New Swimmer Evaluation Week

The week of August 20-23, we will be hosting our annual evaluation week for all swimmers interested in Crawfish Aquatics programming! Pick any day Monday-Thursday between 5:00-6:00 PM to attend your evaluation. Upon completion, each swimmer will receive information for their recommended group as well as registration instructions if they choose to join us. *Everyone* has a program to which they can be recommended!

Fall Practice Schedule

Our practice schedule for the fall can be viewed on our website here:

<http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

State Championship Practice Schedules

July 16-21

8&U/AG	Mon-Thurs Regular Schedule
Jr	Tues-Fri Regular Schedule—OFF Monday, July 16
Sr Red	Mon-Thurs Regular Schedule
Sr White	Workouts Mon, Tues, Wed—NO Afternoon Workouts
Sr Black	Workouts Mon, Tues, Wed—NO Afternoon Workouts

SECTIONALS WRAP-UP

20 Team One athletes wrapped up a successful weekend in Austin, Texas, at the Speedo Sectionals Championships. They competed against many current and future stars of the sport who were in their final preparations for Summer Nationals or foreign meets. There were many outstanding swims by our athletes! And while the team returned to LA after prelims on Sunday to begin final preparations for this week's State meet, next week's Nationals or Junior Nationals two weeks from now, they placed very well with many highlights that are listed below.

State Records

13-14

Collin Klingman 200 Fly 2:09.51

Team Records

13-14

- Collin Klingman- 200 Fly
- Collin Klingman- 400 IM
- Jacques Rathle- 100 Breast
- Jacques Rathle- 200 Breast
- Anni Thompson- 400 IM

Senior

- Rylee Moore- 200 Back
- Rylee Moore- 100 Back

Senior and Open

- Jolee Liles- 200 Fly
- Jolee Liles- 400 IM
- Jolee Liles- 400 Free
- Jolee Liles- 200 IM

Open

- Stephanie Nelson- 100 Back

First Time Qualifiers

Futures

Riley Brown

Jacques Rathle

Collin Klingman

Winter Junior Nationals

David Boylan

Junior Nationals

Jolee Liles

Finalists

Top 16 (Scoring)

- Rylee Moore- 200 Back (10th), 100 Back (5th)
- Stephanie Nelson- 200 Back (9th), 100 Back (11th)
- Jolee Liles- 200 Fly (4th), 400 IM (3rd), 400 Free (8th)
- David Boylan- 200 Fly (15th), 400 IM (4th)
- Collin Klingman- 400 IM (16th)

Second Swims (non Scoring)

- Abigail Baumgartner- 100 Breast, 200 Breast
 - David Boylan- 200 Back
 - Sion Cavana- 200 Back, 200 Free
 - James Henderson- 200 Back, 100 Back
 - Riley Brown- 200 Back
 - Collin Klingman- 200 Fly
 - Jacques Rathle- 100 Breast, 200 Breast, 400 IM
 - Miles Jantzi- 100 Back
 - Rylee Moore- 100 Fly
 - Griffin Foreman- 200 Fly
 - Anni Thompson- 400 IM
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UPCOMING EVENTS

<http://www.crawfishaquatics.com/swim-team/meet-information/>

July 19-22: 13 & Over State Championship at UNO
July 24: Season Break Begins (see below)
August 8: Sr/Jr Groups Return
August 15: 8&U/Age Group Return
August 20: Evaluation Week Begins

Post Long Course/Summer Season Practice Break

- Senior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
- Junior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
- Age Group/8 & U: No practice Tue, July 24-Tue, August 14 (return Wed, August 15)

CONNECT WITH CRAWFISH AQUATICS ONLINE

Website: www.crawfishaquatics.com
Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>
Facebook: www.facebook.com/crawfishsouth
Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)
Twitter: <https://twitter.com/crawfishaquatic>