



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

Practice—Thursday, October 5

Due to a large high school swim meet being held on this date, there will be no workouts 8 & Under, Age Group, Junior Group, Senior Red, Summer League Prep, or Adult Fitness. Senior White and Black will practice arrive at their usual practice time for a deep warmup prior to the start of the meet.

Team Unify—Text Notifications

If you are not privy to checking your email consistently, login to your team unify account to activate text notifications! After opening your personal information detail, enter your mobile number (under "SMS") and service provider into the appropriate fields. Once you verify that mobile number, you will begin receiving any text notifications sent. These texts usually consist of brief messages that can be further explained through an accompanying email.

Crawfish Aquatics Online Resources

Team Unify: Account Mgmt—<https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishaquaticsbatonrouge

Instagram: www.instagram.com/crawfishaquatics.br/

Twitter: <https://twitter.com/crawfishaquatic>

YouTube: <https://www.youtube.com/user/CrawfishAquatics>

Kick Off Meet Results!

<http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

Thank you to everyone who helped make our first Short Course meet of this season a success! Now it's time to make sure you are signed up for the upcoming October meets. The \$10 per swimmer fee will post with your October 1 invoice. Results are posted on our website! Use the link above to view.

Crawfish Developmental Meet, October 20

This will be a Friday afternoon meet at Crawfish Aquatics and perfect for those newer swimmers that are just getting into the meets or those with meet experience. Eligible swimmers are in the 8 & U, Age Group or Junior Red group. Novice swimmers will be notified if they are eligible for this meet the first week of October (25 yards required) but if not quite ready, don't forget, the November 10 meet is the GOAL MEET of the season for the Novice group swimmers. \$10 per swimmer (on your Nov 1st invoice).

Meet Info & Sign up: <http://www.crawfishaquatics.com/calendar/developmental-meet-october-21>

All of our 8 & U and Age Group swimmers are encouraged to also encouraged to swim in the Fall Invitational at Nicholls also! See meet info for when your group swims.

Crawfish Fall Invitational at CA Nicholls Location, October 14-15

This year our Fall Invitational meet will take place at our very own beautiful Nicholls location facility! Please see descriptions of which groups will swim which sessions, based on your practice group or if you participate in High School swimming. A hotel block has been reserved at the Hampton (see CA website for booking).

Meets Entry Procedure and Deadline

Entry Deadline: Friday, October 6.

Meet details: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-fall-invitational>

TU Sign up link: https://www.teamunify.com/EvSignup.jsp?team=laca&event_id=821254

Meet Schedule

Note: Warm up time for Session 2 & 3 to be confirmed on Wednesday, October 5.

Session 1: *Saturday, 12 & Under* Warm-up: 8:00 AM Meet: 8:45 AM

Session 2: *Saturday 8 & under* Warm-up: 11:30 AM

Session 3: *Saturday 13 & Older* Warm-up: 1:00 PM

Session 4: *Sunday* Warm-up: 8:00 AM Meet: 8:45 AM

Meet Fees: \$15 surcharge (includes digital copy of meet program) and then \$3.50 per event entered. Posted to your TU account 3 days following the meet and auto-paid with the November 1st invoice.

Eligible Athletes and When You Swim

Entry Deadline: Friday, October 6.

- 8 & Under Division swimmers: sign up to participate in session 2 (8 & U session)
- Age Group Dev Division swimmers: sign up to participate in session 1 and/or session 4
- Junior Division swimmers: eligible for both days
- Senior Division swimmers: if you participate in high school swimming, **sign up for Saturday only;** if you do not participate in high school swimming, you can sign up for both Saturday & Sunday.

Upcoming Meet Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

October 14-15: Crawfish Aquatics Fall Invitational at **Nicholls**

October 20: Developmental Meet at CA BR

November 10: Developmental Meet at CA BR

November 10-12: NuWave at UNO

December 8-10: Crawfish Tri Meet at CA BR

The annual Louisiana Swim Meet will be held Saturday, September 23. This is when the remainder of the 2018 schedule will be confirmed and more details on 2018 State, etc. will be confirmed.