



2018 LA Crawfish Aquatics Intrasquad Crawfish Aquatics Pool, Baton Rouge, LA February 17, 2018

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #
Crawfish Aquatics, LLC Meet Host

Meet Administration

Erik Cooper Meet Referee
Courtney Roedel Meet Director, courtney@crawfishaquatics.com

Meet Schedule

Warm-up: 9:00 AM meet: 9:30am

Facilities

- Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**
- Parking is located adjacent to the pool and on the side of the building.
- Indoor, heated, eight-lane 50 meter pool with moveable bulkhead set to 25 yard course on competition end. Non- turbulent lane ropes, lane width seven feet.
- Separate warm-up/warm-down area available.
- Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

Parking

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park or enter through the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capitol One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

Rules and Meet Regulations

- Conduct of this sanctioned event shall conform in every respect to all technical and administrative 2018 rules of USA Swimming and Louisiana Swimming.
- “Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”
- Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.
- It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Pool Measurement and Depth

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:

Start End: 13' Turn End: 4'

Eligibility

- The meet is open to USA Swimming-registered swimmers from Crawfish Aquatics and the entrant must be a USA Swimming member as provided in Article 302.
- Swimmer's age as of February 17, 2018 determines age for the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries-

- Each swimmer may enter a maximum of 2 events per day.

Entry Fees

- \$3.50 per event
- \$7.00 LA Swimming surcharge
- \$3.00 swimmer surcharge (includes digital heat sheet)

Conduct

- Timed final events will be swum slowest to fastest.
- All events will be swum mixed gender (combined female/male swimmers)

Meet Program

The meet program ("heat sheet") will be posted online (www.crawfishaquatics.com) and through the Meet Mobile app the Thursday prior to the meet. Coaches will be provided with complimentary meet programs, however there will not be any meet program sales at the event.

Scoring

Non-scored meet. Events will be ranked by age group.

Awards

-Ribbons will be presented for first through eighth place for individual events for 10 & U and 11 & Older.

Timing Assignments

- Each team will provide timers in proportion to meet entries in a session.
- Timers will report 10 minutes prior to the start of each session.

Deck Changing:

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

Warm-up & Procedures

-Lane assignments to be announced prior to the start of warm-up.

-USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

Event Schedule

1	200 IM
2	50 back
3	100 fly
4	50 breast
5	100 Free
6	100 IM
7	50 Fly
8	100 Back
9	50 Free
10	100 Breast
11	200 Free