



OFFICIAL TIME STANDARDS

Speedo Winter Junior Championships

WOMEN

MEN

| SCY | SCM | LCM | EVENT | LCM | SCM | SCY |
|----------|----------|----------|----------------------|----------|----------|----------|
| 23.49 | 25.99 | 26.99 | 50 Free | 24.39 | 23.49 | 20.99 |
| 50.99 | 56.39 | 58.39 | 100 Free | 52.89 | 50.79 | 45.79 |
| 1:49.79 | 2:01.59 | 2:05.39 | 200 Free | 1:56.29 | 1:51.09 | 1:40.29 |
| 4:52.09 | 4:13.29 | 4:23.79 | 400/500 Free | 4:06.29 | 3:59.39 | 4:32.69 |
| 10:03.59 | 8:43.49 | 9:03.49 | 800/1000 Free | 8:33.79 | 8:10.39 | 9:25.49 |
| 16:46.19 | 16:33.29 | 17:20.49 | 1500/1650 Free | 16:14.99 | 15:32.79 | 15:46.99 |
| 56.59 | 1:02.59 | 1:05.59 | 100 Back | 59.69 | 56.49 | 50.99 |
| 2:01.29 | 2:14.19 | 2:20.69 | 200 Back | 2:09.59 | 2:02.99 | 1:50.69 |
| 1:04.29 | 1:11.49 | 1:14.29 | 100 Breast | 1:07.59 | 1:03.99 | 57.69 |
| 2:19.79 | 2:35.39 | 2:40.09 | 200 Breast | 2:27.19 | 2:19.69 | 2:05.89 |
| 55.99 | 1:01.89 | 1:03.39 | 100 Fly | 57.39 | 55.79 | 50.09 |
| 2:03.29 | 2:16.89 | 2:19.59 | 200 Fly | 2:08.19 | 2:04.29 | 1:51.59 |
| 2:03.79 | 2:16.89 | 2:22.49 | 200 IM | 2:10.49 | 2:04.99 | 1:52.49 |
| 4:23.69 | 4:52.69 | 5:01.89 | 400 IM | 4:38.39 | 4:26.79 | 4:00.19 |
| 3:29.49 | | 3:59.19 | 4X100 Free - Relay | 3:38.49 | | 3:08.09 |
| 7:41.39 | | 8:35.39 | 4X200 Free - Relay | 7:53.39 | | 6:52.59 |
| 3:51.09 | | 4:25.79 | 4X100 Medley - Relay | 4:01.19 | | 3:28.79 |

WOMEN

BONUS

MEN

| SCY | SCM | LCM | EVENT | LCM | SCM | SCY |
|----------|----------|----------|----------------|----------|----------|----------|
| 24.29 | 26.79 | 27.49 | 50 Free | 24.69 | 23.99 | 21.49 |
| 52.29 | 57.89 | 59.59 | 100 Free | 53.79 | 51.79 | 46.69 |
| 1:52.99 | 2:05.19 | 2:07.89 | 200 Free | 1:57.69 | 1:53.09 | 1:42.09 |
| 5:00.29 | 4:20.39 | 4:28.29 | 400/500 Free | 4:08.99 | 4:02.79 | 4:36.59 |
| 10:15.29 | 8:53.59 | 9:11.19 | 800/1000 Free | 8:38.59 | 8:18.09 | 9:34.29 |
| 17:14.39 | 17:01.09 | 17:37.69 | 1500/1650 Free | 16:34.59 | 15:49.39 | 16:03.79 |
| 58.49 | 1:04.69 | 1:07.29 | 100 Back | 1:00.79 | 58.29 | 52.49 |
| 2:05.79 | 2:19.19 | 2:24.79 | 200 Back | 2:11.89 | 2:05.99 | 1:53.59 |
| 1:06.29 | 1:13.69 | 1:16.19 | 100 Breast | 1:09.49 | 1:05.29 | 58.89 |
| 2:23.09 | 2:39.09 | 2:43.79 | 200 Breast | 2:28.99 | 2:22.69 | 2:08.59 |
| 57.89 | 1:04.09 | 1:05.19 | 100 Fly | 58.39 | 57.09 | 51.29 |
| 2:06.19 | 2:20.19 | 2:22.99 | 200 Fly | 2:10.19 | 2:06.59 | 1:53.69 |
| 2:08.29 | 2:21.79 | 2:26.39 | 200 IM | 2:12.79 | 2:07.79 | 1:55.09 |
| 4:30.69 | 5:00.49 | 5:07.29 | 400 IM | 4:42.39 | 4:32.89 | 4:05.69 |

*Qualifying period is November 1, 2016 through the entry deadline.